



LAKE HIGHLANDS SOCCER ASSOCIATION

RULES AND REGULATIONS

TABLE OF CONTENTS

I	ASSOCIATION ADMINISTRATION.....	1
1.1	General.....	1
1.2	President.....	1
1.3	Vice President-Operations.....	1
1.4	Vice President-Administration.....	1
1.5	Vice President-Referees.....	1
1.6	Vice President-Community Relations.....	1
1.7	Secretary.....	1
1.8	Treasurer.....	1
1.9	Past President.....	1
1.10	Competitive League Director.....	1
1.11	Division Commissioners.....	1
1.12	Standing Committees.....	1
1.13	Special Committees.....	2
1.14	Removal and Replacement.....	2
1.15	Membership Matters.....	2
1.16	Parliamentary Procedure.....	3
1.17	Lake Highland Girls' Classic League.....	3
1.18	Competitive League.....	3
1.19	Conflict of Interest Policy.....	3
1.20	Whistleblower Policy.....	4
II	[RESERVED FOR EXPANSION].....	1
III	LAWS OF THE GAME.....	1
3.1	Amendments to Laws.....	1
3.2	Additional LHSA Playing Rules.....	6
IV	PLAYERS.....	1
4.1	Age Determination.....	1
4.2	Age Groups.....	1
4.3	Transfers and Play-ups.....	1
4.4	Violation of Age Limit.....	1
4.5	Player Eligibility.....	1
4.6	Indoor Soccer Team Transfers.....	2
4.7	Recruiting.....	2
4.8	Camps; Clinics; Lessons.....	2
4.9	Player Registration.....	3
4.10	Player Releases.....	3
V	COACHES.....	1
5.1	Coach Selection.....	1
5.2	Duties of Coaches.....	1
5.3	Violations.....	1
5.4	Coach, Assistant Coach and Manager Registration.....	2
5.5	NTSSA Code of Ethics for Coaches.....	2
5.6	Compensation of Coaches.....	2
5.7	Coaching License Requirement.....	2
VI	TEAMS.....	1
6.1	Recreational Teams.....	1

TABLE OF CONTENTS
(Continued)

6.2	Competitive Teams	1
6.3	Non-LHSA Teams	1
6.4	Competitive Teams Eligibility	1
6.5	Special Team Formation for U-12, U-14, U-16, & U-19 Teams	2
6.6	Practice Limitations	2
6.7	Team Size.....	2
6.8	Team Transfers	2
VII MATTERS REGARDING PLAY		1
7.1	Soccer Season	1
7.2	Reschedules; Postponements, Foul Weather Procedures and Delays.	1
7.3	Substitution/Playing Time.....	2
7.4	Technical Area	3
7.5	Game Protocol	3
7.6	Game Results/Standings	3
7.7	Disciplinary Rules.....	3
7.8	Point System	4
7.9	Post Season Divisional Tournament	4
7.10	Tie Breaker Procedure	4
7.11	Incomplete Season	4
7.12	Play-Off Games - Tie Breaker Procedure	4
7.13	Championship Game - Tie Breaker Procedure.....	4
7.14	U-4 through U-6 Divisions	5
7.15	Game Reports.....	5
7.16	Sportsmanship.....	5
7.17	Referees.....	5
7.18	Scheduling Conflicts	5
7.19	Teen Co-Ed League	6
7.20	Sportsmanship Regarding Scoring.....	6
VIII GAME PROTESTS; GRIEVANCES; APPEALS.....		1
8.1	General.....	1
8.2	Definitions.....	1
8.3	Game Protests	1
8.4	Grievances.....	2
8.5	Appeals	3
8.6	Fees	4
8.7	Legal Action.....	4
8.8	Board Action.....	4
8.9	Referee Matters	5
8.10	Finality	5
IX MISCELLANEOUS.....		1
9.1	Conflicts of Interest.....	1
9.2	Amendments	1
9.3	Emergency	1
9.4	Parents/Spectator Code of Conduct.....	1
9.5	Forms	1

TABLE OF CONTENTS
(Continued)

ATTACHMENTS:

Appendix A	-	NTSSA CODE OF ETHICS FOR COACHES
Appendix B	-	DISCIPLINARY RULES
Appendix C	-	FIFA KICKS FROM THE PENALTY MARK PROCEDURE
Appendix D	-	AMENDED PLAYING RULES SUMMARY FOR DIVISIONS
Appendix E	-	RULES FOR TEEN CO-ED LEAGUE
Appendix F	-	PARENTS/SPECTATOR CODE OF CONDUCT
Appendix G	-	CONFLICT OF INTEREST STATEMENT

LAKE HIGHLANDS SOCCER ASSOCIATION
RULES AND REGULATIONS

* * * * *

I

ASSOCIATION ADMINISTRATION

1.1 General. It is the duty of the Board and Officers of the Association to administer the Association so as to fulfill the objectives as described in the Articles of Incorporation, Bylaws, these Rules and Regulations and any other resolutions adopted by the Board of Directors. All Officers must abide by the provisions of the Constitution, Bylaws, Rules and Regulations and resolutions of the Board of Directors. The duties of the various officers are specified in this Article I.

1.2 President. The President shall be the chief executive officer of the Association and shall be responsible for the overall administration of the Association, including (without limitation) the matters set forth in the Operations Manual of the Association.

1.3 Vice President-Operations. The Vice President-Operations shall generally be in charge of the operations of the playing leagues and shall perform the duties specified in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.4 Vice President-Administration. The Vice President-Administration shall perform the duties set forth in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.5 Vice President-Referees. The Vice President-Referees shall perform the duties set forth in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.6 Vice President-Community Relations. The Vice President-Community Relations shall perform the duties set forth in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.7 Secretary. The Secretary shall perform the duties specified in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.8 Treasurer. The Treasurer shall perform the duties specified in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.9 Past President. The Past President shall perform the duties specified in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.10 Competitive League Director. The Competitive League Director, if LHSA sponsors a Competitive League, shall be appointed by the President with the approval of the Board of Directors, and shall perform the duties specified in the Operations Manual, as well as such other duties as may be assigned by the President or Board of Directors.

1.11 Division Commissioners. The Division Commissioners shall perform the duties set forth in the Operations Manual, as well as such other duties as be assigned by the Vice President-Operations, the President or the Board of Directors.

1.12 Standing Committees. The Association shall have the following Standing Committees, which shall have a chairperson appointed by the President (except as otherwise specifically provided in the Articles of Incorporation,

Bylaws or these Rules and Regulations) for a term beginning with such appointment and ending on the next August 31st, and which shall have the responsibilities specified below. Except as otherwise specified in the Articles of Incorporation, Bylaws or these Rules and Regulations, all standing committees shall have the number of members specified below and the committee members shall be appointed by the committee chairperson, with approval from the Board of Directors.

- (a) Appeals and Disciplinary Committee. The Appeals and Disciplinary Committee shall have no less than three (3) nor more than seven (7) members. The duties of the Appeals and Disciplinary Committee shall be to handle all matters referred or assigned to it pursuant to these Rules and Regulations.
- (b) Nomination Committee. All members of this committee shall be appointed by the President. The only persons eligible to be a member of this committee are those who are not eligible for re-election as an Officer or Director of the Association; however, currently serving Officers and Directors not up for re-election are eligible to be a member. This committee shall consist of the chairperson and two (2) to five (5) other members.

1.13 Special Committees. From time to time as the President deems advisable, the President may establish a temporary committee for the Association, and appoint its chairperson and members, for any special and/or temporary purposes. Any such committee shall exist for the duration of such committee's work, or upon earlier termination thereof by the President or the Board of Directors. Any and all reports, decisions or recommendations by such committee shall be presented, in writing, to the President and the Board of Directors.

1.14 Removal and Replacement.

- (a) Division Commissioner. The President or the applicable Vice President-Operations or Competitive League Director, with the approval of the Board of Directors, may dismiss for cause any existing Division Commissioner.
- (b) Committee Members and Chairman. The President may, with the approval of the Board of Directors, terminate for cause any person appointed to a committee.
- (c) Coaches. A person may be denied the right to coach or continue coaching for violations of the Articles of Incorporation, Bylaws or Rules and Regulations of this Association by the Board of Directors at a regular or special meeting of the Board of Directors. The coach shall have the right to be present and to defend himself. Ten (10) days prior written notification of the proposed action and of the date, time and place for such meeting shall be given to the coach involved.
- (d) Referee Assignor. The Referee Assignor may be dismissed by the President or Vice President-Referees, with Board of Directors approval.
- (e) Field Assignor. The Field Assignor may be dismissed by the President or Vice President-Operations, with Board of Directors approval.
- (f) LHSA Administrator. The LHSA Administrator, if applicable, may be dismissed by the President or Vice President-Administration, with Board of Directors approval.

1.15 Membership Matters.

- (a) Members. Any person who is interested in the affairs of LHSA may apply for and be admitted as a member in LHSA for the current soccer year upon payment of the annual membership fee and submission of the Contract and Membership Form.
- (b) Denial; Expulsion. Any person may be denied membership in, or be expelled from, the Association for violations of the Articles of Incorporation, Bylaws or Rules and Regulations of the Association by a majority vote of the Board of Directors at a regular or special meeting of the Board of Directors at which the member shall have the right to be present and to defend himself. Ten (10) days prior written notification of the proposed action and of the date, time and place for such meeting shall be given to the person involved.
- (c) Dues. Annual membership annual dues will be set by the Board of Directors by a majority vote. Membership dues are currently \$10.00 per year. Annual dues are for the period from September 1st through August 31st of the next year; annual dues shall not be prorated.

1.16 Parliamentary Procedure. The rules of parliamentary procedure which shall govern the conduct of meetings of the Association and Board of Directors shall be the most current edition of Robert's Rules of Order.

1.17 Lake Highland Girls' Classic League. The Association hereby creates and authorizes the establishment and operation of the "Lake Highlands Girls' Classic League", in accordance with the LHSAs Articles of Incorporation, Bylaws and Rules and Regulations. The Lake Highlands Girls' Classic League ("LHGCL") shall operate as a separate playing league within the Association for advanced-level competitive play for girls in the Under-11 through U-19 age divisions.

- (a) Rules and Regulations. The LHGCL may adopt separate Rules and Regulations governing the affairs of the LHGCL, subject to the approval of same by the LHSAs Board of Directors. Except as may be so adopted by LHGCL and approved by the LHSAs Board of Directors, the LHGCL shall be subject to and shall comply with all LHSAs Rules and Regulations. The current set of approved LHGCL Rules and Regulations are maintained in the LHSAs office.
- (b) Bylaws. Under no circumstances may the LHGCL engage in any activities or adopt any rules or regulations which conflict with or violate any of the provisions of the LHSAs Articles of Incorporation and Bylaws.

1.18 Competitive League. The Association, with approval of the LHSAs Board of Directors, may create and authorize the establishment and operation of a "Competitive League", in accordance with the LHSAs Articles of Incorporation; Bylaws and Rules and Regulations. If established, such Competitive League shall operate as a separate playing league within the Association for advanced-level play for Under-11 through Under-19 age divisions.

- (a) Rules and Regulations. The Competitive League may adopt separate Rules and Regulations governing the affairs of the Competitive League, subject to the approval of same by the LHSAs Board of Directors. Except as may be so adopted by the Competitive League and approved by the LHSAs Board of Directors, the Competitive League shall be subject to and shall comply with all LHSAs Rules and Regulations. The approved Competitive League Rules and Regulations will be maintained in the LHSAs office.
- (b) Bylaws. Under no circumstances may the Competitive League engage in any activities or adopt any rules or regulations which conflict with or violate any of the provisions of the LHSAs Articles of Incorporation and Bylaws.

1.19 Conflict of Interest Policy. LHSAs recognizes that to fulfill its responsibilities to its members and to the public at large, it is dependent upon the dedication of the Board of Directors, its officers, employees and staff, all members of committees, all other representatives, and its volunteers (collectively or severally, "LHSAs Parties"). Because one aspect of determining qualifications of each of these individuals is the avoidance of conflicts of interest, the following policy has been adopted. A "conflict of interest" is defined as any relationship in which a LHSAs Party receives compensation from any individual or entity that does business with and has an interest in the policies, decisions or operations of LHSAs that could influence or perceive to influence the person's objectivity in any decision making process involving policies, decisions or operations.

- (a) Policy. In general, LHSAs expects every LHSAs Party to be constantly aware of the dangers inherent in situations that give rise to conflict of personal interests with those of LHSAs. Although complete avoidance of all conflicts of interest is not always possible, LHSAs expects the kind of loyalty and ethical consciousness that will motivate a LHSAs Party to recognize situations and circumstances that could produce a conflict. All LHSAs Parties should avoid any actions that might result in or create the appearance of:
 - using association with LHSAs for private gain for the LHSAs Party;
 - granting by LHSAs of unwarranted preferential treatment to any LHSAs Party;
 - misusing LHSAs's confidential information for the LHSAs Party's financial or personal gain;
 - losing LHSAs's independence or impartiality;
 - adversely affecting public confidence in the integrity or the reputation of LHSAs; or
 - endangering life, health or safety.

Consequently, all LHSA Parties shall refrain from engaging in any transaction with LHSA in any type of situation in which such LHSA Party has a duty to protect LHSA's interest therein and a simultaneous opportunity to realize a personal gain or benefit. Additionally, no LHSA Party shall accept or engage in any activity, business or employment that will conflict with LHSA's interest or diminish the ability of the LHSA Party to render to LHSA full, loyal and undivided service. Finally, each LHSA Party shall at all times avoid not only actual conflicts of interest but also the appearance of a conflict of interest. The appearance of a conflict can be as damaging as an actual conflict. Each LHSA Party is encouraged to develop and maintain an attitude of awareness of those situations in which and appearance of conflict might arise.

- (b) Conflict Actions. If a conflict of interest should arise, each and every LHSA Party has the responsibility to take necessary action to inform the Board of Directors about the conflict, and to avoid any participation in decision making regarding the action. When there is a doubt whether a conflict of interest exists, the matter shall be resolved by the Board of Directors. Should any member of the Board of Directors be in this circumstance, he or she shall excuse himself or herself from the decision and report on doing so to the Chairman of the Board or President.
- (c) Examples. Examples of actual or potential conflicts of interest include, but are not limited to the following:
- direct (and at times indirect) personal involvement with licensees, suppliers, service providers, sellers, contractors, and customers of LHSA;
 - ownership of an interest or any financial interest, direct or indirect, in such an entity;
 - acting in any capacity in such an entity;
 - acceptance of payments, services, property, loans, or any financial interest, direct or indirect, from such an entity;
 - ownership of property or any financial interest, direct or indirect, affected by actions of LHSA;
 - ownership of property or any financial interest, direct or indirect, acquired as a result of LHSA's confidential information;
 - outside employment or any interest, direct or indirect, which might impact job performance or efficiency of the LHSA Party in performance of its specified duties to LHSA;
 - outside activities or any interest, direct or indirect, in civic, professional or political organizations which might involve improper and unauthorized divulging of LHSA data; and use of his or her position at the LHSA to extend an offer of employment to a spouse, family member, or business associate.
- (d) Acknowledgment. This policy applies to all LHSA Parties, who by acceptance of their position with LHSA shall be deemed to have agreed to this Conflict of Interest Policy and shall, upon request of LHSA, complete and sign the LHSA adopted form of Conflict of Interest Statement. Each LHSA Party shall, on such Conflict of Interest Statement, disclose and list any existing or potential conflicts that such LHSA Party may have with LHSA and/or its operations and shall acknowledge that such LHSA Party has been given a copy of the LHSA Conflict of Interest Policy, has read it, understood its terms and procedures, and agreed to abide by it.

1.20 Whistleblower Policy.

- (a) General. Lake Highlands Soccer Association ("LHSA" or "Organization") operates under a code of ethics and conduct ("Code") as set forth in the Rules and Regulations and other policies adopted by the LHSA Board of Directors, which requires directors, officers, and employees to observe high standards of business and personal ethics in the conduct of their duties and responsibilities. As representatives of the Organization, directors, officers, and employees must practice honesty and integrity in fulfilling their responsibilities and comply with all applicable laws and regulations.
- (b) Reporting Responsibility. It is the responsibility of all directors, officers and employees to comply with the Code and to report violations or suspected violations in accordance with this Whistleblower Policy.

- (c) No Retaliation. No director, officer or employee who in good faith reports a violation of the Code shall suffer harassment, retaliation or adverse employment consequence. A director, officer or employee who retaliates against someone who has reported a violation in good faith is subject to discipline up to and including termination of employment. This Whistleblower Policy is intended to encourage and enable directors, officers, employees and others to raise serious concerns within the Organization prior to seeking resolution outside the Organization.
- (d) Reporting Violations. This Policy addresses the Organization's open door policy and suggests that directors, officers, employees and others share their questions, concerns, suggestions or complaints in writing with someone who can address them properly. In most cases, the LHSA Vice President-Administration is in the best position to address an area of concern. However, if you are not comfortable speaking with the Vice President-Administration or you are not satisfied with the Vice President-Administration's response, you are encouraged to speak with the LHSA Secretary or the LHSA President. All individuals receiving a written concern or complaint are required to report suspected violations of the Code to the Organization's "Compliance Officer", who has specific and exclusive responsibility to investigate all reported violations. For suspected fraud, or when you are not satisfied or uncomfortable with following the Organization's open door policy, individuals should contact the Organization's Compliance Officer directly.
- (e) Compliance Officer. The Organization's Compliance Officer is responsible for investigating and resolving all reported complaints and allegations concerning violations of the Code and, at the Compliance Officer's discretion, shall advise the LHSA President and/or LHSA Treasurer. The Compliance Officer has direct access to the LHSA Board of Directors and is required to report at least annually on compliance activity. The LHSA Vice President-Administration shall serve as the Organization's Compliance Officer.
- (f) Accounting and Auditing Matters. The Organization's Compliance Officer shall address all reported concerns or complaints regarding corporate accounting practices, internal controls or auditing. The Compliance Officer shall immediately notify the LHSA President of any such complaint and work with the appropriate staff (as assigned by the LHSA President).
- (g) Acting in Good Faith. Anyone filing a complaint concerning a violation or suspected violation of the Code must be acting in good faith and have reasonable grounds for believing the information disclosed indicates a violation of the Code. Any allegations that prove not to be substantiated and which prove to have been made maliciously or knowingly to be false will be viewed as a serious disciplinary offense.
- (h) Confidentiality. Violations or suspected violations may be submitted on a confidential basis by the complainant or may be submitted anonymously. Reports of violations or suspected violations will be kept confidential to the extent possible, consistent with the need to conduct an adequate investigation.
- (i) Handling of Reported Violations. The Compliance Officer will notify the sender and acknowledge receipt of the reported violation or suspected violation within five (5) business days. All reports will be promptly investigated and appropriate corrective action will be taken if warranted by the investigation.
- (j) Conflict of Interest Statement. Each officer, director and employee of LHSA shall execute and deliver to the Compliance Officer, at least once during each soccer year within ten (10) business days after the request of the Compliance Officer, the Conflict of Interest Statement which is in the form attached hereto as Appendix G.

II

[RESERVED FOR EXPANSION]

[This page intentionally left blank.]

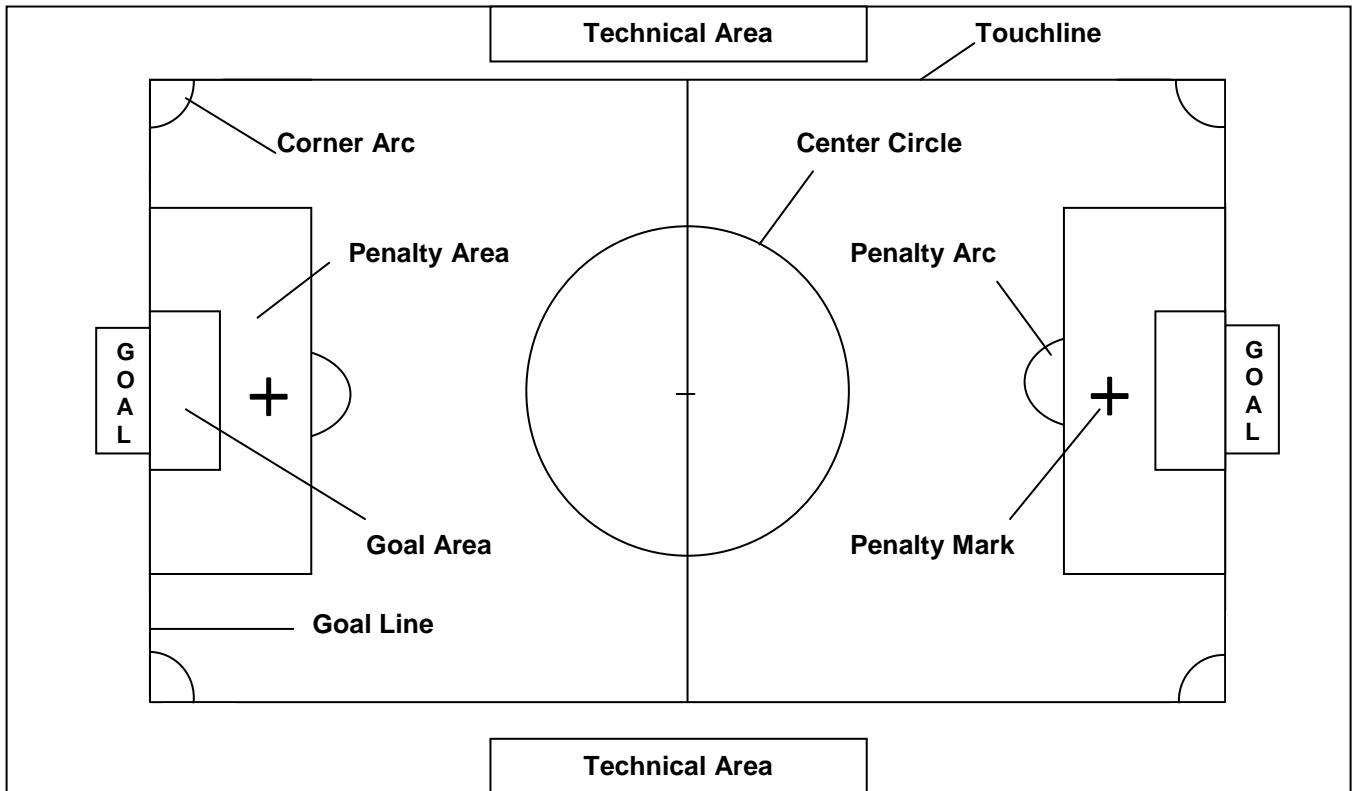
III

LAWS OF THE GAME

3.1 Amendments to Laws. The playing rules for LHSA games shall be identical with the then current issue of FIFA Laws of the Game, **WITH THE FOLLOWING EXCEPTIONS:**

LAW I
THE FIELD OF PLAY

The field of play should be as shown in the following plan with the modifications specified below:



The field should be rectangular and the dimensions are as follows:

<u>DIVISION</u>	<u>FIELD</u>	<u>GOAL</u>
U-6	20 yds min. x 15 yds min.	4' high x 6 ft. wide
U-7	60 yds min. x 40 yds min.	6' high x 12 ft. wide
U-8	60 yds min. x 40 yds min.	6' high x 12 ft. wide
U-9	70 yds min. x 40 yds min.	7' high x 7 yds wide
U-10	70 yds min. x 40 yds min.	7' high x 7 yds wide
U-12	100 yds min. x 60 yds min.	8' high x 8 yds wide
U-14	100 yds min. x 60 yds min.	8' high x 8 yds wide
U-16	120 yds min. x 70 yds min.	8' high x 8 yds wide
U-19	120 yds min. x 70 yds min.	8' high x 8 yds wide

The Penalty Area shall be as follows for each specific age group:

- (1) For U-6 : no Penalty Area.
- (2) For U-7 and U-8: 9 yards from each goal post and 9 yards into the field of play.
- (3) For U-9 and U-10: 14 yards from each goal post and 14 yards into the field of play.

The Goal Area shall be as follows for each specific age group:

- (1) For U-6: no Goal Area.
- (2) For U-7 through U-10: 3 yards from each goal post and 3 yards into the field of play.

The Penalty Mark, if used, shall be placed in the center of the Penalty Area halfway between the Penalty Area and Goal Area lines.

The Center Circle and Penalty Arc shall have a radius as follows for each specific age group:

- (1) U-7 and U-8 = 5 yards
- (2) U-9 and U-10 = 8 yards

"Spectator" is defined as anyone at the playing fields who is not competing in or officiating over a current game, or is not a current LHSO Officer or Division Commissioner.

"Technical Area" is an area approximately 10 yards on either side of the halfway line of the field on both sides of the field and at least 2 yards from the Touchline on such side of the field.

All players and coaches will remain inside the Technical Area from the start of the game until the referee ends the game, except that: (i) coaches and substituting players may depart this area for the purpose of substitution, but only during the time play has been suspended; or (ii) play has been suspended and the Referee has given permission for that person or persons to enter the field.

Parents, coaches, spectators and non-playing players should be located not less than three (3) yards from outside the touch line, and they should not be closer than ten (10) yards to the goal line.

The size of the field, goals and penalty areas may be altered by the applicable parks department or school district.

LAW II
THE BALL

Under-six (6) Divisions, Under-seven (7) Divisions and Under-eight (8) Divisions shall use a size three (3) ball. Under-nine (9), Under-ten (10) and Under-twelve (12) Divisions shall use a size four (4) ball. The game ball is provided by the home team. Game balls are provided to each team by the Lake Highlands Soccer Association and these balls must be used in regulation competition. A ball similar in materials and color may be substituted if agreed upon by both coaches, with Referee approval, in advance of the game.

LAW III
NUMBER OF PLAYERS

For U-9 and U-10 teams, the number of players on the team's roster must not exceed twelve (12), and the maximum number of players on the field at one time is eight (8), one of whom shall be the goalkeeper; at least six (6) players must be on the field at all times.

For U-7 and U-8 teams, the number of players on the team's roster should not exceed ten (10), and the maximum number of players on the field at one time is seven (7), one of whom may be the goalkeeper; at least five (5) players must be on the field at all times.

For U-4, U-5 and U-6 teams, the number of players on the team's roster should not exceed eight (8), and the maximum number of players on the field at one time is three (3), with NO formal goalkeeper; at least three (3) players must be on the field at all times.

See LHSA Rules and Regulations, Section 7.3 for mandatory substitution procedure. The Vice President-Operations shall have the discretion to make minor adjustments to the roster size of a team.

LAW IV
PLAYER'S EQUIPMENT

A player shall not wear anything which is dangerous to such player or to another player, such as jewelry, medallions, belt buckles, earrings, or hair restraining accessories made of a material other than fabric, elastic, or rubber devices. With referee approval, and with the consent of a physician, padded medical casts may be worn. Players using a medical cast in a dangerous manner or in a manner to gain an advantage over an opponent shall be sent off the field. LHSA encourages players needing glasses to wear approved sports glasses. Sliders, or similar clothing, are encouraged to be the same color as the shorts, and will be disallowed if the color presents confusion with the opposing team's color.

No uniform may have a visible commercial message or the name of a commercial establishment, except for U-12 Divisions and above which may wear logos approved by the Board of Directors. All jerseys shall have numbers unless a team is required to wear a temporary jersey because of conflicting colors with the opposing team, with the exception of the goalkeeper. In the event of a jersey color conflict, the home team must change to a contrasting jersey color.

All players shall be required to wear shin guards underneath socks.

LAW V
REFEREES

The referee shall note on the Game Report form for each team all cautions and ejections by the player name and state the cause.

If the official referee does not appear within ten (10) minutes after the scheduled game time, a person mutually agreed upon by both coaches may referee the game. Such game will count for all official purposes.

The referee should briefly explain all infractions to the offending player in U-10 and younger games.

LAW VI
ASSISTANT REFEREES

Assistant Referees are optional. At the referee's request, each team shall supply a linesman. Team appointed linesman shall assist the referee only in determining whether the ball is out of play, substitutions, and enforcing the Technical Area. Assistant Referees will not be utilized in U-6 games.

LAW VII
DURATION OF THE GAME

The duration of the game shall be as follows:

<u>DIVISION</u>	<u>GAME DURATION</u>	<u>PLAY-OFF OVERTIME</u>
U-4 - U-6	four 10-minute quarters	None
U-7	two 25-minute halves	None
U-8	two 25-minute halves	None
U-9	two 25-minute halves	None
U-10	two 25-minute halves	two 10-minute halves
U-12	two 30-minute halves	two 10-minute halves
U-14	two 35-minute halves	two 10-minute halves
U-16	two 40-minute halves	two 15-minute halves
U-19	two 45-minute halves	two 15-minute halves

No overtime will be allowed during regular season play. For U-6 games, there shall be a two (2) minute break between the first and second quarter and the third and fourth quarter and a five (5) minute break between the second and third quarters. For Divisions older than U-6, there shall be a five (5) minute break at half-time.

LAW VIII
THE START OF PLAY

For U-6 Divisions, opponents must be three (3) yards from the center mark for a kick-off. In the U-8 Divisions, the start of play after substitution in the middle of the first and second halves, shall commence with the game proceeding as it would have had it not been stopped to allow for substitutions.

LAW IX
BALL IN AND OUT OF PLAY

No Exceptions

LAW X
METHOD OF SCORING

No Exceptions

LAW XI
OFFSIDE

For U-4, U-5, U-6, U-7 and U-8 Division play there shall be no offside.

LAW XII
FOULS AND MISCONDUCT

For U-6 Division play all fouls and misconduct shall result in an indirect free kick with the opponent three (3) yards away.

Intentionally charging or unduly interfering with the goalkeeper when he has possession of the ball shall result in an indirect free kick to be taken by the defending team from the place where the infringement occurred. Charging the goalkeeper in possession of the ball is **NOT ALLOWED** in youth play. Possession is defined as: "One or two hands on the ball, holding it, bouncing it, tossing it up and then catching it, or patting it along the ground."

The conditions under which a player is sent off the field for misconduct shall be reviewed by the Division Commissioner to determine whether an additional suspension is warranted.

It is not an intentional "handling the ball" offense for any player to attempt to protect the vital areas of his or her body (chest, crotch, face) by placing hands or arms across them to protect them from being struck at close range by the ball. The referee shall be the sole judge of whether the hands or arms were used to deliberately propel the ball.

Coaches, assistant coaches and team managers are subject to the same game disciplinary procedures by the referee as are the players, i.e., cautions and/or ejections.

LAW XIII
FREE KICK

When a player is taking a free kick outside his penalty area, all opposing players must be at least the indicated distance from the ball until it is in play:

U-4-U-6 = 5 yards
U-7 = 6 yards
U-8 = 6 yards
U-9 = 8 yards
U-10 = 9 yards

For U-4-U-6, U-7, and U-8 all free kicks shall be **INDIRECT FREE KICKS**.

LAW XIV
PENALTY KICK

For U-4-U-6, U-7, and U-8 games, NO penalty kicks will be allowed; instead, an indirect free kick shall be awarded at the place of the infraction.

LAW XV
THROW-IN

For U-4 through U-6 games, throw-ins are replaced by a kick-in. A "Kick-in" is an indirect free kick from the touchline. Opponents must be three (3) yards away.

LAW XVI
GOAL KICK

No Exceptions

LAW XVII
CORNER KICK

When a player is taking a corner kick, all opposing players must be at least the indicated distance from the ball until it is in play:

U-4-U-6 = 3 yards
U-7 = 6 yards
U-8 = 6 yards
U-9 = 8 yards
U-10 = 9 yards

For U-4-6 play, the goal kick may be taken from any point two (2) to three (3) yards from the goal.

3.2 Additional LHSA Playing Rules. The following additional rules shall be applicable to all LHSA games:

- (a) Fun and sportsmanship should be the priority of each coach, parent and player.
- (b) Players should shake or slap hands after each game.
- (c) Non-playing players and coaches should be located within the Technical Area. No individual should be allowed to run the length of the field except participants of the game.
- (d) Final scores for U-7 and above shall be reported on the Game Report; estimates of U-6 scores should be noted on the Game Report.
- (e) League standings for U-4, U-5 and U-6, shall be maintained, but scores shall not be reported.
- (f) Participation awards will be given for all U-4, U-5 and U-6 player participants; no trophies or awards for best teams will be awarded in the U-4, U-5 and U-6 Division.
- (g) One coach from each team is allowed on the field to coach or instruct players during the games of the first soccer season for a team with the U-4 through U-6 Divisions.
- (h) No alcoholic beverages will be consumed or allowed near the soccer fields. ANYONE (coaches, players, parents, spectators, etc.) violating this rule, or that appears to be intoxicated, will be asked to leave the fields immediately. If that person refuses to leave, the local Police will be called. Twelve caution points will be assessed to the appropriate team for each violation of this rule. If the person refuses to leave, then 36 caution points will be awarded and that person will have to appear before the LHSA Appeals & Disciplinary Committee.
- (i) U-4, U-5 and U-6 games and/or teams may be co-ed; although that is not recommended. Older divisions should be segregated by gender.
- (j) The modified playing rules for the various age group Divisions which are attached as Appendix D are hereby adopted for play within the Association.

IV

PLAYERS

4.1 Age Determination. The age of a player on August 1st of the immediately preceding soccer year will determine the age group Division in which such player will play, regardless of his age at the start of the current soccer season. Legal proof of age is required upon initial registration with LHSA. The soccer year, as defined by NTSSA, is from September 1st through August 31st. Age four (4) (on or before August 1st of the previous soccer year) is the minimum age to play soccer in LHSA. Notwithstanding the foregoing, a player with physical or other impairment, or otherwise as approved by the Board of Directors, may be assigned to a different age group, subject to the approval of NTSSA.

4.2 Age Groups. LHSA will use the following age group divisions:

U-4	U-7	U-10	U-16
U-5	U-8	U-12	U-19
U-6	U-9	U-14	

The Division Commissioner may, for their division, combine U-4 with U-5 or U-5 with U-6, U-7 with U-8 and/or U-9 with U-10 if they deem it necessary.

4.3 Transfers and Play-ups.

- (a) Transfers and play-ups are strongly discouraged. No transfers or play-ups will be considered unless the following conditions are met:
 - (1) The Player Transfer/Play-Up / Assignment Request Form must be COMPLETELY filled out and returned, to the appropriate Division Commissioner, before the close of the last registration period.
 - (2) The player or the player's parents or guardians have discussed the desire to transfer or play-up with the appropriate age group Division Commissioner.
 - (3) The player or the player's parents or guardians have discussed the reasons for desiring to transfer or play-up with the coach of the player's current team.
 - (4) The player must have unconditionally registered to play with LHSA for the current soccer season and paid the full Registration Fee. ABSOLUTELY NO REFUNDS regardless of the special request outcome.
- (b) Only requests to transfer from a particular team or to play-up into the next higher age group Division should be considered. All other transfer/play-up requests are discouraged. Once a player plays up to a higher age group Division, whether recreational or competitive, the player may not return to the player's former age group Division during the current soccer year.
- (c) No player may play more than one age group Division higher than the player's actual age group Division.

4.4 Violation of Age Limit. The playing of any player outside the age limit for his team, with knowledge of or intent to violate such rule, shall result in the forfeiture of all games in which said player participated. Also, the coach, assistant coach and/or manager of the offending team, if they had knowledge of or intent to violate such rule, may be suspended for a period of not less than one year.

4.5 Player Eligibility. A player may not participate in any Association game unless his completed registration forms and fee are turned in to the Division Commissioner or LHSA Registrar twenty-four (24) hours prior to said player's first game, subject to the approval of same by such Division Commissioner. Violation of the above stated eligibility rules shall result in forfeiture by such team of all games in which said player has participated.

4.6 Indoor Soccer Team Transfers. Previously registered (outdoor) players who are playing indoor for a specific team, coach, assistant coach, manager, trainer, team representative or parent, or a nucleus [being four (4) or more] of players from a specific outdoor team, may not transfer to that outdoor team or any outdoor team coached by that individual after the team's first indoor game has been played for the remainder of the current soccer year and all of the following soccer year, unless the player transfer is approved by the Board of Directors.

4.7 Recruiting. No coach, assistant coach, manager, trainer, team representative, registered player or parent may recruit or offer any kind of inducement to recruit a player to play on their respective team. Coaches are responsible for the action of all of the above listed participants on their team. Failure to comply with this rule shall result in the offending party being suspended from all soccer activities for the remainder of the current soccer year and the following soccer year. Coaches may not practice with a player not on their current soccer year roster.

4.8 Camps; Clinics; Lessons. Between September 1 and May 31 of each soccer year, LHSA registered players may attend soccer camps (clinics), academies, private lessons, etc. hosted and/or coached by individuals, teams, clubs and/or organizations other than the player's current coach, team, club and/or organization if the activity meets the following criteria:

- (a) The clinic, camp, academy, private lessons, etc., must be available to all interested persons for each age group offered through an open invitation.
- (b) Each individual, team, club and/or organization hosting any soccer clinic, camp, academy, private lessons, etc. must require written registration of each participant that includes the following information:

- (1) player's name,
- (2) name, address and phone number of individual(s), team(s), club(s) and/or organization(s) affiliated with and/or hosting the clinic, camp, academy, private lessons, etc.,
- (3) name(s) of coaches at clinic, camp, academy, private lessons, etc.,
- (4) name and date(s) of clinic, camp, academy, private lessons, etc.,
- (5) name of player's current team and home association,
- (6) a statement signed by the player's current coach/manager stating that he or she is aware that the player is attending the camp, clinic, academy, private lessons, etc.,
- (7) the following disclaimer:

"The recruiting of players for the benefit of any individual, team, club, and/or organization is strictly prohibited. Any person having knowledge of any player recruitment at or through this soccer clinic, camp, academy, private lesson, etc., should report same, in writing, to the Youth Commissioner of NTSSA. The NTSSA Youth Commissioner shall deal with the alleged violations in accordance with NTSSA Rule 3.9. (Recruiting is any action or statement made by anyone, either verbally or in writing, that encourages or entices a player to register with a particular coach, team, club and/or organization.)" and

- (8) the parent's signature acknowledging that he/she has read and understands the disclaimer, and date of signature. (If the player is 18 years or older, the player should sign also.)
- (c) The host of the clinic, camp or academy, private lesson, etc. must keep all registration forms for one (1) year from the date of the camp, clinic, academy, private lesson, etc., so that they will be able to produce on demand from a NTSSA Member Association, LHSA and/or NTSSA a copy of the registration form to verify compliance with this rule in the event charges of rule violations are alleged against the hosting individual, team, club and/or organization as stated above.
- (d) This rule does not apply to NTSSA Member Associations that sponsor clinics/camps/academies/private lesson/etc. for their players, where the registration publicity is conducted by the NTSSA Member Association. Any publicity must indicate that this camp/clinic/academy/private lesson/etc. is sponsored by the NTSSA Member Association. The NTSSA Member Association must monitor the program to assure that no recruiting activities occur.
- (e) Between September 1 and May 31 of the soccer year, players requesting private lessons from any person must obtain a written statement from their current coach stating their knowledge of the

private lessons. The person giving the private lessons must retain the acknowledgment slip and be able to present same when requested by a NTSSA Member Association, LHSA and/or NTSSA.

4.9 Player Registration. Player registration is accomplished by submitting to the Association at the designated registration time and place (or prior or subsequent thereto in accordance with the requirements of the Association) the following: (i) a Player Registration Form, fully completed and signed by a parent or legal guardian, (ii) payment of the designated registration fee (unless a scholarship request is approved by the President), and (iii) if the player has not previously registered with LHSA, a photocopy of such player's birth certificate or other proof of age allowed pursuant to the applicable rules established by NTSSA. Player Registration Forms may be accepted up until whichever occurs first: (i) twenty-four (24) hours before the start of the first LHSA scheduled game for the applicable playing Division or such later date established by the Vice President-Operations, President or Registrar, or (ii) all of the teams, in a particular age group, are at their maximum size, in which case, registration is closed for that age group. The President, Vice President-Operations or Registrar may extend registration to fill teams low on players or for other valid reasons.

4.10 Player Releases. LHSA's policy for release of recreational players to register with another NTSSA association permits the release, within certain limits, of players who have just moved from another association, players who attend public or private schools within another association, players who were previously and properly registered in another association if they continue playing with the same team, or players who have some extraordinary hardship. A release may only be approved by the LHSA President and after such approval, a player release can be signed only by the President or Registrar.

Foremost in the decision making priorities must be the common good and welfare of the players within LHSA. Where the common good of the many conflicts with the desires of the few, the common good must prevail. LHSA's basic policy is that all recreational players within LHSA boundaries should play within LHSA. Exceptions to this basic policy are as follows:

- (a) Players who have just moved from another association have the right to remain on their current team for the remainder of the soccer year. When players move late in the soccer year, they may be allowed to remain on their current team for the upcoming soccer year. At the end of that year, the player will be expected to play on a LHSA team.
- (b) Players who attend schools within another association may be allowed to play on a team from that school area.
- (c) Players who previously attended schools within another association's boundaries and are currently playing on the same team in that association may be allowed to continue to do so as long as they remain with that same team.
- (d) Players who have some extraordinary hardship may be allowed to play outside LHSA. Such decisions will be applied consistently. (Players who cannot be placed on a LHSA team fall within this category).
- (e) These policy rules will only be applicable to associations which reciprocate with LHSA in a similar fashion.

All players to be released to play in another association must first register in LHSA and pay a basic registration fee set by the LHSA. The fee is \$30.00. NO EXCEPTIONS.

COACHES

5.1 Coach Selection. Coaches will be appointed by the appropriate Division Commissioner, with the approval of the Vice President-Operations. Coaches for the Competitive Division may be selected by the team, with the approval of the Competitive League Director.

5.2 Duties of Coaches. Each coach, assistant coach and manager, as applicable, shall have the following duties:

- (a) abide by all current rules of FIFA, USYSA and NTSSA, and the LHSAs Articles of Incorporation, Bylaws, Rules and Regulations and resolutions of the Board of Directors;
- (b) assure that the assistant coach, manager, players, parents and others associated with the team, abide by all current FIFA, USYSA, NTSSA, and LHSAs Constitution, By-laws and other rules and regulations;
- (c) fill out and return, as directed by the appropriate Division Commissioner, all Game Reports and all other required forms or reports. Fully completed, fully signed Game Reports are required for all LHSAs sponsored games;
- (d) make sure that for each assigned game the proper equipment needed to play the game (game ball, nets, corner flags, jersey change, etc.) are present and/or properly installed;
- (e) ensure all players' equipment complies with FIFA Law IV and these Rules and Regulations;
- (f) schedule and run all practices, notifying all assigned players as to their time, day and place;
- (g) notify all assigned players as to the time, date, and place of LHSAs scheduled games;
- (h) assure that either the coach, assistant coach, manager or representative attends all coaches meetings;
- (i) assure that the coach or assistant coach is present at all games and practices;
- (j) prior to registration, a returning coach will, to the best of his/her ability, call all players on their last LHSAs official roster to determine if the player intends to return, and to take the following actions:
 - (1) if the player is returning to the same team, the coach should collect that player's registration form or encourage on-line registration;
 - (2) for players not returning, try to ascertain the reason why; and
 - (3) turn in a list of non-returning players with the reasons for not returning, prior to normal registration, to the applicable Division Commissioner and Vice President-Operations or the LHSAs office.
- (k) a coach, assistant coach or manager shall NOT bring to registration any registration forms from a player that did NOT play on that same team during one of the last two seasons; and
- (l) obtain the appropriate coaching licenses as established by LHSAs.

5.3 Violations. If a coach, assistant coach or manager, as applicable, fails to comply with any of the duties of a coach, assistant coach or manager, as herein required, the appropriate Division Commissioner may for each occurrence, take the following actions:

- (a) with the approval of the Vice President-Operations, suspend the coach, assistant coach or manager, for one (1) game and/or deduct game and/or sportsmanship points from total points earned by such team;
- (b) with the additional approval of the Board of Directors, suspend the coach, assistant coach or manager, for two (2) or more games, fine the coach, assistant coach or manager, (which fine shall not exceed \$50.00), or ban the coach, assistant coach or manager, from coaching or participating in LHSAs activities; or
- (c) require any special action or achievement by such coach, assistant coach or manager, with the approval of the Board of Directors, as may seem reasonable or justified as a condition to further involvement in LHSAs activities.

Such coach, assistant coach or manager, are not to associate with their team until the suspension has ended and/or the fine has been paid. If such coach, assistant coach or manager, attends any game or practice, the team will forfeit the game attended or the game or games following such practice.

5.4 Coach, Assistant Coach and Manager Registration.

- (a) Once each soccer year and before participation in any association activity that soccer year, each coach, assistant coach and manager will be required to register with LHSA by the completion, execution and delivery to LHSA of the Contract and Membership Form, in the form promulgated from time to time by LHSA, containing an agreement to abide with the philosophy and rules of LHSA, NTSSA and USYSA, and sign any other agreements or other documents required by LHSA, NTSSA or USYSA.
- (b) For each playing season, each coach, assistant coach and manager must be approved by the appropriate Division Commissioner before they may participate in such capacity.
- (c) Prior to any association related soccer activity, each year each coach/assistant coach/manager of a team shall be required to register with NTSSA each soccer year, and upon satisfactory search results, will be issued a Coach / Volunteer Card ("NTSSA I.D. Card"). To register, every coach/assistant coach/manager shall include a copy of a valid photo (if required by LHSA) and a completed NTSSA Coach/Referee/Volunteer/Staff Application, along with the appropriate coaches fee, if any, with the team paperwork at the time of team registration.
- (d) Each coach/assistant coach/manager of a team shall have a current, valid NTSSA I.D. card at all practices, games and other activities. Such NTSSA I.D. Card should be presented to the referee prior to the beginning of each game.

5.5 NTSSA Code of Ethics for Coaches. LHSA hereby adopts in its entirety the NTSSA Code of Ethics for Coaches, a copy of which is attached hereto as Appendix A and incorporated herein by this reference for all purposes.

5.6 Compensation of Coaches. On all Under-10 Division teams and below, there shall be no compensation paid to any coach, assistant coach, trainer, manager or other team representative or official; provided, however, this rule shall not prohibit a gratuity not exceeding \$100.00 in value for a season being given or paid to such person before, during or after such season. Fall and Spring soccer seasons shall be considered as separate seasons.

5.7 Coaching License Requirement. Each person who coaches or will coach Under-6 and Under-8 age teams and are not USYSA licensed coaches, must attend a "G" coaching course prior to or during the initial season they coach those age groups. Each person who coaches or will coach any team, other than provided in the foregoing sentence, must hold a "F" level coaching license.

VI

TEAMS

6.1 Recreational Teams. It is the intent of the Association to form school affiliated or neighborhood teams of equal size whenever possible. With that intent in mind, player assignments shall be based on the following criteria and in the order of priority as listed below:

- (a) age, with emphasis on forming teams with same soccer year age;
- (b) team assignment in the immediate previous season;
- (c) siblings requesting team assignment;
- (d) except for late registrations, all other assignments shall be made from the player pool (including requests) at the discretion of the appropriate Division Commissioner and with the approval of the Vice President-Operations, and subject to review by the Board of Directors, with a preference of placing two or more players from the same neighborhood or school on the same team;
- (e) assignments from players registering late should be made in accordance with the following guidelines:
 - (1) player assignments should equalize team size and playing equality within the playing Division;
 - (2) players should be assigned to teams from the player's school or neighborhood; and
 - (3) players should be assigned to teams on a "first come, first served" basis; and
- (f) when all teams are at their maximum size, the registration fee will be refunded for any player not placed on a team; however, every effort should be made to find a team for each player, including the making of a new team from the pool players.

6.2 Competitive Teams. If a coach at any age level wants to form a LHSA-sponsored competitive, select or recruited team (with NTSSA registration through LHSA, home field referees and home field provided by LHSA) at the age levels prescribed by NTSSA for formation of competitive teams, the coach must obtain the approval of the LHSA Board of Directors.

6.3 Non-LHSA Teams. If teams from outside of the LHSA Jurisdictional Area desire to register through or with LHSA, such registration must be approved by the President or Vice President-Operations, before the start of each playing season. LHSA shall determine in connection with such approval whether or not such outside teams are eligible for trophy competition, Tournament of Champions representations, etc. Before such approvals are considered, the outside teams must supply LHSA with the previous seasons' rosters, association affiliation, prior association signed releases (for players residing outside of the LHSA Jurisdictional Area), birth certificates, game conduct reports, season standings, and other matters reasonably requested by the President. The applicable Division Commissioner and the Vice President-Operations should discuss the proposed registration with LHSA coaches of the applicable age groups Divisions before the matter is voted on by the Board of Directors. Teams which receive such approval will be subject to all considerations, courtesies and rules governing LHSA, except that they will not have voting privileges.

6.4 Competitive Teams Eligibility. No team which has participated during the current soccer year in select, club, recruited or any other form of competitive team organization other than that set out in the Rules and Regulations for recreational team organization, will be eligible to compete for trophies or represent LHSA in the Tournament of Champions unless either (i) no non-competitive team exists in that particular age group, or (ii) all non-competitive teams in such age group have approved such team's right to compete.

6.5 Special Team Formation for U-12, U-14, U-16, & U-19 Teams. For all teams in the Under-12, Under-14, Under-16 and Under-19 age groups, team formation rules for those teams choosing to be governed by these rules would be as follows:

- (a) A coach may bring in the required registration forms duly completed or perform on-line registration in such numbers (up to 18 or 21 for U-19) that the coach desires.
- (b) The players so registering with such coach shall constitute the roster of such team, unless such coach shall request the Division Commissioner to assign additional players to his team out of the players available from the normal player pool.
- (c) Contact with players shall be limited as may be prescribed by rules of the NTSSA Member Association. The Board of Directors may establish contact and player invitation guidelines for these specific age groups.
- (d) No tryouts may be conducted.
- (e) A team formed under the foregoing rules may not play in a league sponsored by the Association unless all teams in such Division are formed under this rule or waive the provisions hereof.
- (f) A team formed under the foregoing rules shall not represent the Association in the Tournament of Champions unless such team shall be the only team in such age group.
- (g) The foregoing rules are not exclusive; teams in such age groups may be formed under the other provisions of the Rules and Regulations, in which case the provisions of this section shall not apply.

The intent of this proposal is to increase participation in the older age group Divisions and not to disrupt the existing team structure as otherwise provided for in these Rules and Regulations.

6.6 Practice Limitations. Team practices are limited to not more than three (3) ninety (90) minute sessions per week prior to the first scheduled game and not more than two (2) ninety (90) minute sessions per week thereafter, including practice games. Make-up games are not considered as a practice. U-12, U-14, U-16 and U-19 Divisions are exempt from this rule. No coach, assistant coach, manager, trainer, or team representative may practice any soccer-related activity with any NTSSA registered player who does not appear on such team's current or previous (if registration for the current soccer season has not yet occurred) soccer season NTSSA roster, or who is not considered to be a free agent under then current NTSSA Rules and Regulations, except for a coach who, at the request of another team's coach, substitutes for that coach at practices or games for the convenience of the requesting coach. A "free agent" is a player in the U-12, U-14, U-16 and U-19 age group divisions, who desires to try-out or be selected for a competitive team between July 1 and August 31 of the present soccer year. The foregoing rule does not include indoor soccer activities.

6.7 Team Size. The minimum, preferred and maximum number of players on a team roster for each age group (unless the League Director and LHSB Board of Directors approves otherwise) is as follows:

<u>Age Group</u>	<u>Minimum Team Size</u>	<u>Preferred Team Size</u>	<u>Maximum Team Size</u>
Under 4, 5 and 6	6 players	7 players	8 players
Under 7 and 8	8 players	9 players	10 players
Under 9 and 10	9 players	11 players	12 players
Under 12	13 players	15 players	18 players
Under 14	13 players	16 players	18 players
Under 16	13 players	16 players	18 players
Under 19	13 players	18 players	21 players

6.8 Team Transfers. Any team formed outside of LHSB shall be admitted to play in LHSB only with the approval of the Division Commissioner, Vice President-Operations and President. The following information is required before a decision will be made:

- (a) Copies of the Official Rosters for the team that the players played on their last season of play, whether it was the YMCA, DESA, an indoor team, etc. The coaches' roster is not sufficient. The "team" cannot be compiled from multiple other teams.
- (b) Copies of all birth certificates.

- (c) If any player is within the boundaries of another NTSSA member association, they will need to obtain releases from their "home" associations before we have registered the players.
- (d) LHSA will contact prior playing associations to verify the "conduct" of the team, coaches and parents, all of which must be acceptable to LHSA.
- (e) LHSA will need the season standings for the team for at least the last 2 seasons.
- (f) Admission may be conditioned; the team may be declared ineligible for the Tournament of Champions and/or LHSA season awards, for one or more seasons.
- (g) The age group will be relevant; there is less concern for "Interleague" age teams.
- (h) There must be evidenced, in writing, a reasonable justification for playing with LHSA.

LHSA's policy is not to accept "teams"; however, if all of the information above is submitted and LHSA approves the players' transfers and registrations, then those players most likely will be placed on a team together with their coach, but must also take other pool players, like any other team.

VII

MATTERS REGARDING PLAY

7.1 Soccer Season. The soccer playing season for LHS A will start at 12:00 a.m. on the day of the first registration period and will end at 11:59 p.m. on whichever of the following dates is applicable: (i) for teams whose age group Division is not participating in play-offs, the day of the last scheduled season game; (ii) for teams whose age group Division is participating in play-offs, the last scheduled day of the play-offs; or (iii) for either case above, if a game or games have been postponed, then the season will not end for any team participating in that age group Division until the day on which the last make-up game is completed.

7.2 Reschedules; Postponements, Foul Weather Procedures and Delays.

- (a) Advance Determination. The Association Vice President or his designate may postpone games in advance of play due to bad weather or field conditions.
- (b) Game Determination. The referee has final authority to postpone or suspend a game because of weather, field or other conditions. His decision will be based on the condition of the playing field, with consideration given to protection of the turf, player safety, and other relevant factors.
- (c) Special Determination. A LHS A Officer of Director may postpone or suspend a LHS A game if in such official's opinion the current conditions constitute a danger to the players, referee, or others, and the referee has not already suspended or abandoned the game.
- (d) Effect. If a game is suspended before the second half has begun, that game shall be replayed. If a game is suspended after the second half has started, that game shall be considered a full game.
- (e) Forfeitures. Teams must report to the playing field ready to play unless both coaches are previously notified by the LHS A Administrator, LHS A Field Assignor, Division Commissioner, Vice President-Operations or Competitive League Director. If a team fails to appear within fifteen (15) minutes after the scheduled kick-off, the game shall be forfeited. A forfeited game shall be noted as a forfeit on the game report form. If both teams appear and decide not to play, or both teams shall not appear at the scheduled game time with the minimum number of players required herein, and in the opinion of the referee the field is playable, both teams shall be considered as having forfeited the game. The game shall be rescheduled only at the direction of the Division Commissioner and only if the teams prepay the Association for the officials and other expenses (e.g., lights, assignors or coordinators, etc.) incurred by the Association.
- (f) Reschedules; Cancellations; Postponements. Coaches cannot cancel, postpone, or reschedule a scheduled game without the prior approval of the Division Commissioner. Cancellations or postponements, other than for foul weather, may be granted by the Division Commissioner in extremely rare circumstances, if notified prior to five (5) days from kick-off time. Other than the allowed "conflicts" specified in the Team Information Sheet turned in prior to the scheduling of the season's games, THERE IS NO RIGHT FOR A RESCHEDULE. Functions such as the "Y" Indian campouts, school functions (band, athletics, clubs and organization), other conflicting athletic events, illnesses, or lack of players are not legitimate reasons for a reschedule. If the Division Commissioner agrees to a cancellation or postponement less than five (5) days from kick-off time, then such game shall be rescheduled only if the team requesting the cancellation or postponement prepays the Association for the officials and other expenses (e.g., lights, assignors or coordinators, etc.) incurred by the Association.
- (g) Delay. A game delayed in starting by more than thirty (30) minutes may be rescheduled at the discretion of the Division Commissioner.
- (h) Inclement Weather. In case of inclement weather, please call the LHS A announcement number (214-265-0050) for field conditions. This information will not be available until 6:30 a.m. to 7:00 a.m. for an 8:00 a.m. game or until between 4:30 p.m. to 5:00 p.m. for a 6:00 p.m. game. If a game is not officially cancelled, the team should be at the field at the designated time ready to play. Cancellations or suspension of games due to inclement weather occurring during the game are determined solely at the discretion of the referee; however, in the case of lightning, everyone should immediately vacate the field. If at Moss Park, the flag pole will fly the flag designating the situation. Also since conditions during the day change, the coach/manager should continually check the hotline for changes until the scheduled game time.

- (i) Moss Field Flag Notification. Designation flags will be raised on the Moss Park flag pole to indicate the current playing conditions in the event of inclement weather. The flags will have the following meanings:

No flag, LHSA flag or Green Flag	-	All clear; play in progress; play to re-commence
Yellow Flag	-	All games temporarily suspended; go to your car and wait for further update and advice
Red Flag	-	All currently scheduled games have been cancelled; go home; later scheduled games may be played.
Black Flag	-	All scheduled games for that day have been cancelled.

7.3 Substitution/Playing Time.

- (a) Effect. **THIS SUBSTITUTION/PLAYING TIME RULE IS MANDATORY!** Failure to abide by this rule will result in a forfeit.
- (b) U-4, U-5, U-6, U-7 and U-8 Rules. For U-4, U-5 and U-6, substitutions may be made at the start of each quarter. For U-7 and U-8 Divisions, the referee will suspend the game, at a normal stoppage of the game (throw in, goal kick, etc.), at a time close to the middle of the first and second half of play for substitution. A two (2) minute interval will be allowed for such substitutions. Substitution will also be allowed at half-time. The referee's clock will not be stopped during substitution. Taking excessive time for substitution may result in a caution.

All players present at the start of the game MUST play at least two (2) quarters or one-half (1/2) of the game. Exceptions may occur only when a player becomes injured, ill, leaves before the conclusion of the game, or is withheld for discipline, such as a failure to practice, misconduct, or attitudinal reasons. All exceptions must be explained on the game report form. Coaches CANNOT come onto the field during substitutions. ALL substitutes will enter the field at the halfway line. Failure to do so may result in a caution.

- (c) U-9 through U-19 Rules. The U-9 through U-19 Divisions will have the mandatory playing time as follows for all players present at the start of the game:

U-9 and U-10:	not less than one-half of the game
U-12:	not less than twenty-five (25) minutes
U-14:	not less than thirty (30) minutes
U-16:	not less than thirty-five (35) minutes
U-19:	not less than forty (40) minutes.

Exceptions may occur only when a player becomes injured, or leaves before the conclusion of the game, or is withheld for discipline, such as a failure to practice, misconduct, or attitudinal reasons. All exceptions must be explained on the game report form. Coaches CANNOT come onto the field during substitutions. ALL substitutes will enter the field at the halfway line. Failure to do so may result in a caution.

At the referee's discretion, substitution(s) will be allowed at the following times (however, the game clock will not be stopped):

- (1) at a throw-in, by the team in possession only;
- (2) either team, at a goal kick;
- (3) either team, after a goal is scored;
- (4) either team, at an injury, after the referee stops play;
- (5) either team, at half-time; and
- (6) when a caution (yellow card) is given, that player may be substituted (this rule does not apply in interstate games).

The referee shall be informed of the proposed substitution, before it is made; if the goalkeeper is changed, then the referee must be specifically advised of such change. Players shall enter the field

only during a stoppage in the game, and at the halfway line. The substitute shall not enter the field of play until the player he is replacing has left, and then only after having received a signal from the referee. Failing to abide by this rule could result in a caution and/or ejection.

The referee will stop the game clock when a coach takes excessive time to substitute. Coaches coming onto the field or taking excessive time during substitutions should be cautioned.

No substitution is allowed for a player ordered from the field of play by the referee. No player shall leave the field of play without the consent of the referee.

- (d) Exceptions. In all age groups (U-4 through U-19), all exceptions must be explained on the game report and if a player is being disciplined by a coach and will not be allowed to play his required time in a game, the following persons will be notified at or before the specified time:
- (1) the player on the day before the game;
 - (2) the parents on the day before the game; and
 - (3) the Division Commissioner on the day before the game.

If the discipline problem occurs on the day of the game or during the game, then the coach must notify the player and the referee at that time. Violation of this procedure will constitute a violation of the substitution rule and, therefore, will result in a forfeit.

7.4 Technical Area. All non-playing players and coaches will be confined to the Technical Area during the game, on its team's side of the field. All coaching during the game will be confined to the Technical Area on its team's side of the field, except that U-5 coaches (one per team) are allowed on the field during the game, for instructional purposes for the first soccer season of that team. The term "coaching" for the purpose of this rule shall include all persons who give advice to players. In such connection, the officially designated coach shall be responsible for others who are coaching and may be punished for violations of others.

7.5 Game Protocol. The official Game Schedule will have the Home Team listed first. The Home Team will (i) sit on the west or north side of the field, (ii) furnish the game ball provided by LHSA, (iii) if you are the first Home Team of the day for that field, you must obtain the nets and corner flags and put them up prior to game time, (iv) if you are the last Home Team of the day on that field (you are considered the "Last Home Team" if there are no teams waiting to play when your game is completed), you are responsible for removing the nets and corner flags and returning them, and (v) change jerseys in the event of jersey color conflict. The nets and flags will be available for pick up and return at the Moss Field concession stand. The Home Team responsible for putting up the nets should come prepared with at least 12 twist ties or other materials for attachment of the nets to the goals. Failure to take down and return the nets and flags will result in a \$25.00 FINE or other disciplinary action to the Last Home Team and/or its Coach and/or Manager. Failure to timely pay the fine or satisfy the other disciplinary actions may result in further disciplinary action against the coach or team. Each team should insure that your name and telephone number are clearly written on your game ball, since they all look alike.

7.6 Game Results/Standings. All game results (except for the U-6 and younger) will be kept and posted by the applicable Division Commissioner on the LHSA website Standing page. Standings will be maintained for all playing division from U-7 and older by the applicable Division Commissioner on the LHSA website Standing page.

7.7 Disciplinary Rules.

- (a) Adoption of NTSSA Rules. LHSA hereby adopts and supplements the Disciplinary Rules, as established by NTSSA, which are attached hereto as Appendix B and incorporated herein by this reference for all purposes. All LHSA coaches are charged with the responsibility of seeing that this rule is distributed to every player, assistant coach, and manager. It is intended that each coach and player will make known these contents to his or her parents and spectators.
- (b) Enforcement. All LHSA Officers, appointed Commissioners, Referee Assignor, and others appointed by the Board of Directors, shall have the authority to enforce the LHSA Constitution,

Bylaws, Rules of Competition and other rules described herein. Their power shall extend to offenses committed by coaches, players (when not actively participating in the game), parents and spectators while on or around the playing field. Such LHSAs shall: (i) advise the coach of anyone guilty of misconduct or ungentlemanly behavior for corrective action; (ii) send from the field anyone who persists in misconduct or ungentlemanly behavior; and (iii) send a report of same to the appropriate age group Division Commissioner and Vice President-Operations or Competitive League Director. The LHSAs Board of Directors may call a disciplinary hearing to address any such report.

7.8 Point System. All LHSAs seasonal games standings will be determined on a 9-point system; game points will be awarded as follows:

- (a) 6 points for a Win.
- (b) 3 points for a Tie.
- (c) 0 points for a Loss.
- (d) 1 point per goal scored in the game (3 points maximum).
- (e) Forfeit game will be scored as a 3-0 win for the non-forfeiting team; and no points shall be awarded to each team if both teams are declared as forfeiting the game.
- (f) Additional points may be added or deducted for administrative matters (e.g., proper completion and timely submission of Game Reports; disciplinary sanctions; etc.) pursuant to the policies approved by the Board of Directors from time to time.

7.9 Post Season Divisional Tournament. Any playing Divisions which include a post season tournament as part of the regular playing season, must include all teams in such playing Division unless two thirds (2/3) of the coaches in such playing Division vote, prior to the beginning of play for any such playing season, to allow selection of less than all such teams based on the season standings. Under-7 and Under-8 age groups may, but shall not be obligated to, have post season tournaments in one of the following formats: round robin, 4 versus 4, or regular games with a shortened time of play. Under-9 and above age groups will play standard LHSAs approved game rules and times.

7.10 Tie Breaker Procedure. If two or more teams are tied in game points after all of their regular season games are completed, the following tie breaker procedures will be used to determine the winner, in the order of the priority listed below:

- (a) Head to head game results (during season games) based on the 9 point system specified in these Rules and Regulations.
- (b) Goal differential during season play [the team with the highest goal differential against opponents will advance (goal differential is calculated by taking goals scored minus goals against (maximum of three (3) goal differential per game) (FOR EXAMPLE: a 4-1 game = 3gd; a 6-1 game = 3gd)].
- (c) Fewest accumulation of caution points.
- (d) Least number of goals allowed during season play.

7.11 Incomplete Season. If due to weather or other reasons all scheduled season games cannot be completed, then the winner will be determined by the highest game points per game average, being game points earned divided by games played. The team with the highest average game points per game will be the winner. If a tie exists between two or more teams, then the tie breaker procedure in Section 3 above will be used.

7.12 Play-Off Games - Tie Breaker Procedure. In all post season Division games preceding the final championship game, if a tie exists at the end of regulation play, two (2) overtime periods of five (5) minutes each shall be played (not sudden death) with teams changing goals after the first overtime period. If a tie still exists at the end of the overtime play, the FIFA Kicks from the Penalty Mark Procedure (as set forth in Appendix C) shall be followed to determine the winner.

7.13 Championship Game - Tie Breaker Procedure. In a post season Division championship game, if a tie exists at the end of regulation play, two (2) overtime periods of five (5) minutes each (or such longer period as the Division Commissioner may establish prior to the start of the game shall be played with the teams changing goals

after the first overtime period. If a tie still exists at the end of the overtime play, a co-championship shall be declared. If the result of the game determines the entrance in any tournament, then FIFA Kicks from the Penalty Mark Procedures (as set forth in Appendix C) shall be used taken to determine which team shall advance, but a co-championship shall still be declared.

7.14 U-4 through U-6 Divisions. No Division champion shall be selected in any Under-4 through Under-6 Divisions.

7.15 Game Reports. A fully completed (this includes player names, playing periods/times for all players, score, and sportsmanship and referee sections) and signed (by coach and referee) Game Report must be turned in by each team to its Division Commissioner within two (2) days after the game. The Coach should have the roster information fully completed before game time and deliver the Game Report and present his Coaches Card to the Referee prior to commencement of the game. After completion of the game, the Coach shall receive the Game Report signed by the Referee and completed as to score, disciplinary sanctions and sit-out verification (if applicable). The coach should finalize the Game Report by completing the actual playing time for each player, Sportsmanship and Referee (and Assistant Referee) evaluations and submit the fully completed and executed Game Report to the applicable Division Commissioner. Failure to do all of the above will subject such Coach to sanctions, including the deduction of Sportsmanship points or league seasonal game standings points and compliance may result in additional seasonal standing points being added, all in accordance with then existing Board of Director policies which have been communicated to the coaches or posted on the LHSA website, from time to time. Remember that each player at a game must play at least approximately one-half (1/2) of the game (See Rule 7.3(c) for exact times). Please carefully note such playing activity on your Game Reports. Exceptions are available only for injury or illness or as otherwise specified in these Rules and Regulations, and must be fully explained in the Game Report.

7.16 Sportsmanship. Since the purpose of LHSA is to have fun, **SPORTSMANSHIP SHOULD BE STRESSED AT ALL TIMES**. The players will learn sportsmanship better when they see it being demonstrated by the coaches and parents. Remember that the coach has the responsibility over not only the players, but also the parents and spectators. Coaches should treat the sportsmanship category in the Game Report seriously, inasmuch as a sportsmanship award (for U-7, U-8, U-9 and U-10 Divisions) will be made based on such information. At the game's conclusion, the coach should line up the team at mid-field to shake (slap) hands with opposing team. Sportsmanship points will be deducted for failure to or late return of Game Reports, failure to grade opponents' sportsmanship, failure to fully complete and have all referees sign the Game Report, and other matters in the Division Commissioners' discretion. A sportsmanship trophy shall be awarded in each age group Division (except Under 6 and younger Divisions and U-12 and older Divisions) based on the sportsmanship points contained in the game report forms and such other criteria as are allowed by the LHSA Articles of Incorporation, Bylaws and Rules and Regulations. This trophy should be regarded as highly as championship trophies. Coaches are responsible for encouraging fair play and sportsmanship among their players and spectators in regard to their own team members and opponents as well. Games should be a time for enthusiastic support of the players. Criticism of the referee or players from the sideline or field is regarded as unsportsmanlike.

7.17 Referees. Refereeing is extremely difficult and the coaches should not add further to its difficulty by showing poor sportsmanship toward the referee. In most cases, their knowledge of the laws of the game is better than the coaches. Coaches should wait until after the game to discuss any calls or concerns. Coaches should use the Game Report to evaluate the referee's performance. Any coach accused of derogatory remarks to or about a referee will be subject to disciplinary action by LHSA or NTSSA. Furthermore, remember that unsportsmanlike conduct toward the referee by either a player, coach or parent, may result in an ejection of that person from the field.

7.18 Scheduling Conflicts. Conflicts are impossible to avoid on the scale that LHSA operates. Once the final schedule is published, it is LHSA POLICY that rescheduled are to be refused except for extremely rare and unusual circumstances and only in accordance with the provisions of Section 7.2(f) of these Rules. Nevertheless, LHSA will allow each team to designate "conflicts" during the season if the following conditions are satisfied:

- (a) The "conflicts" must be in legible written form on the LHSA required "Team Information Sheet".

- (b) The Team Information Sheet, with the requested "conflicts" must be submitted to the applicable Division Commissioner before the final division schedule is first published, and preferably at the Coaches meeting. Coaches should be diligent in such conflict requests.
- (c) Conflicts are limited as follows:

FALL – Only 2 days (not weekends) may be requested

SPRING – Only 7 consecutive days may be requested

- (d) LHSA will use reasonable efforts to schedule around religious holidays and school holidays.

7.19 Teen Co-Ed League. LHSA has approved the operation of a special 8 v 8 Teen Co-Ed League for age groups from U-12 through U-19. Rules for the Teen Co-Ed League are attached hereto as Appendix E. Except as specified in such Teen Co-Ed League Rules, all other provisions of these Rules and Regulations shall apply.

7.20 Sportsmanship Regarding Scoring. LHSA strives to have a competitive balance between all teams, since this will (i) provide better competitive challenges to the players, (ii) be more enjoyable to players and spectators, and (iii) discourage loss of interest due to competitive differences. Coaches, by action or non-action, who encourage or permit game scores to become lopsided shall be deemed to be engaging in unsportsmanlike conduct, which shall be actionable by LHSA under the circumstances provided herein.

- (a) Lopsided Scores. For purposes hereof, a lopsided score is generally considered one where the scoring differential is five (5) goals or more. The extent of the disparity in score is also indicative of the extent of unsporting conduct and will be considered in assessing the severity of punishment. LHSA recognizes that there may be actual significant competitive differences between two teams which legitimately give rise to a lopsided result; however, if the coaches and managers at the field take appropriate actions to avoid a lopsided result, then their actions will not be considered unsportsmanlike for purposes of this provision. The scoring of "own goals" to manipulate the final score differential is not acceptable and will be subject to sanctions.
- (b) Recommended Actions. The following list of actions are recommendations only, and there may be numerous other actions which can be taken by the coaches and managers in complying with the spirit of this rule. Each coach should have prepared, at the beginning of the season, a strategy and plan of action in the case of a lopsided game and should have schooled and practiced with his players to effectuate such pre-planned strategy. LHSA's recommended list of actions to avoid a lopsided result include, but are not limited to, the following, which should be used singularly or aggregately as the situation may merit and as the disproportionate scoring progresses: (i) requiring a certain number of passes (e.g. 5-10-15) before a shot on a goal is allowed or a certain number of passes in the defensive half before advancing into offensive half; (ii) not allowing a player to score an additional goal unless all other players on the team have scored; (iii) requiring all players to use their non-dominant foot for shooting; (iv) exchanging player positions on the fields, such as moving forwards to fullback and vice-a-versa; (v) removing a player from the game who has scored or removing a dominant player from the game; (vi) voluntarily reducing the number of players on the field; (vii) use offsides intentionally to turn over possession; (viii) requiring all players to pass the ball with their non-dominant foot; and (ix) requiring all shots to be taken from distance, such as outside the penalty area or other appropriate distance. However, to preserve the dignity of the other team, it is not appropriate for the coaches to yell out "stop scoring" or take similar derogatory actions. Coaches should use appropriate discretion; advise subs or bring players over discreetly to advise of new tactics/strategies. It is not the responsibility of the referee crew to advise a coach when a lopsided game exists; it is not the responsibility of the referee crew to request coaches to take one or more of the recommended actions or other actions; and it is not the responsibility of the referee crew to take any action to enforce this rule.
- (c) Sanctions. LHSA is serious about this and violations will not be tolerated and will be subject to sanctions. Commissioner should address this with the coach at the first indication of any such unsporting conduct; formal disciplinary action will be handled by the LHSA Appeals and Disciplinary Committee. Sanctions may include: (i) one or more game suspensions, (ii) perform

field marshal duties, (iii) attendance at designated seminars and classes, (iv) removal as a rostered official, (v) ban from attending games, (vi) service duties to LHSA, (vii) fines, (viii) move the team to a more appropriate level of play, (ix) break apart the team and assign players to diverse teams, based on their competitive needs, or (x) other appropriate action. Although LHSA expects its teams participating in interleague competition to honor this provision, LHSA cannot enforce this rule against other association teams playing in an interleague competition, unless the playing league rules have a similar provision.

VIII

GAME PROTESTS; GRIEVANCES; APPEALS

8.1 General. All Game Protests, Grievances and Appeals involving this Association and its operations shall be made exclusively in accordance with this Article.

8.2 Definitions. As used in this Article, the following terms shall have the meanings ascribed to them below:

- (a) Game Protest: shall mean, with respect to a specific LHSA game, any formal dispute of or challenge with a decision made by an Officer, Director or other Association official relating to the interpretation and enforcement of the Articles of Incorporation, Bylaws and these Rules and Regulations, or by a referee relating to the interpretation or application of the Laws of the Game, as modified by these Rules and Regulations.
- (b) Grievance: shall mean any formal dispute of any ruling, interpretation or other action by any Officer, Director or other Association official with respect to the enforcement or interpretation of the Articles of Incorporation, Bylaws or these Rules and Regulations, other than a Game Protest.
- (c) Appeal: shall mean the process by which any decision as to a Game Protest or Grievance is requested to be reconsidered by the next higher authority having jurisdiction to consider such matter.

8.3 Game Protests. All Game Protests shall be made strictly in accordance with this section. Anyone failing to duly and timely submit a Game Protest, strictly in accordance with the provisions hereof, shall be deemed to have irrevocably abandoned and waived any rights with respect to such Game Protest.

- (a) U-6 Games. No Game Protests are allowed with respect to Under-6 and younger games.
- (b) Allowable Reasons. Game Protest shall be allowed only for one or more of the following reasons:
 - (1) there has been an obvious error made in the application of the Laws of the Game, as modified by these Rules and Regulations, that directly affects the outcome of the game and the referee admits that such ruling or application affected the outcome of the game;
 - (2) a team knowingly plays an unregistered, ineligible or suspended player;
 - (3) a team's suspended coach, assistant coach, manager or other team official was present and coached, or otherwise assisted, the team during such game; or
 - (4) a violation of the minimum playing requirements for any player, as specified in these Rules and Regulations, occurred.
- (c) Referee Judgment. No Game Protest can be considered if it is based on judgment decisions made by the referee during play. The Laws of the Game clearly state in Law V (Referees) that. . "A referee shall be appointed to officiate each game. . . his decisions on points of fact connected with the play shall be final, so far as the result of the game is concerned." A game cannot be protested because one coach, or both for that matter, think the referee was incompetent or made a mistake. This is a matter which must be handled through the LHSA Referee Association or the NTSSA Referee Committee.
- (d) Field Conditions. Any Game Protest relating to the grounds, goal posts, cross bars, or other appurtenances or condition of the playing field shall not be considered unless an objection has been lodged with the referee before the commencement of the game. The referee shall require the responsible team to remove the cause of objection, if such is possible, without unduly delaying the process of the game. When such an objection has been lodged, a Game Protest, in writing, must be made to the responsible Association official. No objection or Game Protest shall be withdrawn (because the protestor won the game) except by consent of the responsible LHSA official.
- (e) Formalities. In order to be validly made, each Game Protest must comply with the following formalities:
 - (1) Written. The Game Protest must be made in writing.

- (2) Parties. The original written Game Protest must be submitted to the applicable Division Commissioner, with a copy thereof being submitted to the coach of the opposing team in the game being protested.
 - (3) Timing. The Game Protest must be delivered to the home or other address as contained in the Association's records for the applicable Division Commissioner and opposing coach no sooner than forty-eight (48) hours after the conclusion of the protested game, and no later than ninety-six (96) hours after the protested game.
 - (4) Fee. The Game Protest must be accompanied by a \$100.00 fee in the form of a money order payable to "Lake Highland Soccer Association."
- (f) Special Circumstances. In the event that any Game Protest involves a tournament or post-season Division game, where the applicable time frame set forth above does not allow adequate time before the next scheduled game, then the time periods set forth above may be appropriately modified by the applicable Division Commissioner, or other Officer, Director or other applicable Association official, such that the Game Protest may be timely submitted with sufficient time for due deliberation and possible Appeal.
 - (g) Division Commissioner Unavailability. If the applicable Division Commissioner will be unavailable to receive or consider the Game Protest during the period of time in which same may be submitted, and for a reasonable period of time thereafter, then such Game Protest may be submitted, under the same procedures specified above, to the applicable Vice President-Operations or Competitive League Director, or if both the Division Commissioner and the Vice President-Operations or Competitive League Director, as applicable, will be unavailable for such period of time, then the Game Protest may be submitted to the Chairman of the Appeals and Disciplinary Committee.
 - (h) Hearing. There shall be no formal hearing, and no party shall have the right to a formal hearing, at this level of a Game Protest. Nevertheless, if the deciding LHSA official obtains information from one coach, then the LHSA official shall also obtain information on the same subject from the other coach.
 - (i) Decision. The Division Commissioner (or, if applicable, the Vice President-Operations or Chairman of the Appeals and Disciplinary Committee) shall promptly consider such Game Protest, together with such other information as such LHSA official deems appropriate, and shall provide a written response to the coach of the protesting team, with a copy of same to the coach of the opposing team, which shall be mailed or delivered to such coaches' home or other address as set forth in the Association's records as soon as practicable thereafter. Where time constraints are deemed applicable, telephone advice of such decision may be made to the protesting and opposing coaches, but must be subsequently confirmed in writing.
 - (j) Game Results. A Game Protest will not be upheld strictly because a Law of the Game has been misapplied; Game Protests will be upheld only if (i) the Game Protest was meritorious, and (ii) the outcome of the game was affected by the protestable events of the game.

8.4 Grievances. All Grievances shall be made strictly in accordance with this section. Anyone failing to duly and timely submit a Grievance, strictly in accordance with the provisions hereof, shall be deemed to have irrevocably abandoned and waived any rights with respect to such Grievance.

- (a) Formalities. In order to be validly made, each Grievance must comply with the following formalities:
 - (1) Written. The Grievance must be made in writing.
 - (2) Parties. The original written Grievance must be submitted to the Vice President-Operations or other applicable LHSA Officer who has authority with respect to the matter which gave rise to the Grievance, with a copy thereof being submitted to any other party (if such party is a team, then to the team's coach) which might be adversely affected by a ruling on such Grievance.
 - (3) Timing. The Grievance must be delivered to the home or other address as contained in the Association's records for the Vice President-Operations or other applicable LHSA Officer who has authority with respect to the matter which gave rise to the Grievance and

any other party (if such party is a team, then to the team's coach) which might be adversely affected by a ruling on such Grievance, no sooner than forty-eight (48) hours after the event, ruling or other action or notice which gave rise to the Grievance and no later than ninety-six (96) hours thereafter.

- (4) Fee. The Grievance must be accompanied by a \$100.00 fee in the form of a money order payable to "Lake Highland Soccer Association."

- (b) Special Circumstances. In the event that any Grievance involves a tournament or post-season Division game, where the applicable time frame set forth above does not allow adequate time before the next scheduled game, then the time periods set forth above may be appropriately modified by the applicable Tournament Director, Division Commissioner, Vice President-Operations or LHSAs official, such that the Grievance may be timely submitted with sufficient time for due deliberation and possible Appeal.
- (c) LHSA Official Unavailability. If the applicable LHSA official will be unavailable to receive or consider the Grievance during the period of time in which same may be submitted, and for a reasonable period of time thereafter, then such Grievance may be submitted, under the same procedures specified above, to the President, or if the President will be unavailable for such period of time, then the Grievance may be submitted to the Chairman of the Appeals and Disciplinary Committee.
- (d) Hearing. There shall be no formal hearing, and no party shall have the right to a formal hearing, at this level of a Grievance. Nevertheless, if the deciding LHSA official obtains information from any party, then the LHSA official shall also obtain information on the same subject from all other parties who may be adversely affected by such determination.
- (e) Decision. The Tournament Director, Division Commissioner, Vice President-Operations, or applicable LHSA official (or, if applicable, the President or Chairman of the Appeals and Disciplinary Committee) shall promptly consider such Grievance, together with such other information as such LHSA official deems appropriate, and shall provide a written response to the party asserting such Grievance, with a copy of same to any other party affected by such determination, which shall be mailed or delivered to such parties' home or other address as set forth in the Association's records as soon as practicable thereafter. Where time constraints are deemed applicable, telephone advice of such decision may be made to the protesting and opposing parties, but must be subsequently confirmed in writing.

8.5 Appeals. All Appeals from a determination made with respect to a Game Protest or Grievance shall be made strictly in accordance with this section. Anyone failing to duly and timely submit an Appeal, strictly in accordance with the provisions hereof, shall be deemed to have irrevocably abandoned and waived any rights with respect to such Appeal.

- (a) Appellate Body. Any Appeal as to Game Protests shall be made to the next higher level of authority, as set forth below in the order of priority of appeals:
 - (1) Division Commissioner
 - (2) Vice President-Operations
 - (3) Appeals and Disciplinary Committee
 - (4) LHSA Board of Directors
 - (5) NTSSA

Any Appeal as to a Grievance shall be made to the next higher level of authority, as set forth below in the order of priority of appeals:

- (1) Appropriate LHSA official
- (2) Appeals and Disciplinary Committee
- (3) LHSA Board of Directors
- (4) NTSSA

- (b) Formalities. In order to be validly made, each Appeal must comply with the following formalities:
- (1) Written. The Appeal must be made in writing.
 - (2) Parties. The original written Appeal must be submitted to the applicable appellate body, with a copy thereof being submitted to all other parties (if such party is a team, then to the team's coach) which may be adversely affected by the decision.
 - (3) Timing. The Appeal must be delivered to the home or other address as contained in the Association's records for the applicable appellate body and potentially affected parties no sooner than forty-eight (48) hours after the determination of the preceding LHSAs official or appellate body, and no later than ninety-six (96) hours thereafter.
 - (4) Fee. The Appeal must be accompanied by a \$100.00 fee in the form of a money order payable to "Lake Highland Soccer Association." Only one (1) fee must be paid for the Appeal of a single Game Protest or Grievance.
- (c) Special Circumstances. In the event that any Appeal involves a tournament or post-season Division game, where the applicable time frame set forth above does not allow adequate time before the next scheduled game, then the time periods set forth above may be appropriately modified by the applicable appellate body, such that the Appeal may be timely submitted with sufficient time for due deliberation and possible further Appeal.
- (d) Hearing. Each and every Appeal shall be the subject of a formal hearing at which all potentially affected parties shall have right to be in attendance and present evidence or argument. The date, time and place of such hearing shall be determined by the presiding official of the appellate body, with due consideration being given to the applicable circumstances, and same shall be communicated to all potentially affected parties. Such communication shall be either by telephone or mail to all potentially affected parties at the number or address of such party as shown in the Association's records; provided, however, no such hearing shall occur without at least two (2) days prior notice thereof to all potentially affected parties.
- (e) Decision. The applicable appellate body shall promptly consider (in a closed session) such Appeal, together with the evidence and arguments of the parties presented at such hearing and such other information as such appellate body deems appropriate, and shall provide a written response to each of the affected parties, which shall be mailed or delivered to such party's home or other address as set forth in the Association's records as soon as practicable thereafter. Where time constraints are deemed applicable, telephone advice of such decision may be made to each of the affected parties, but must be subsequently confirmed in writing.

8.6 Fees. All fees for any Game Protest, Grievance or Appeal shall be in the form of a money order payable to "Lake Highlands Soccer Association." If the Game Protest, Grievance or Appeal is finally upheld, the fee shall be returned. If such Game Protest, Grievance or Appeal is denied, the fee shall be forfeited to LHSAs. Once a fee has been forfeited to LHSAs it shall not be returned.

8.7 Legal Action. LHSAs shall refuse to hear any Game Protest, Grievance or Appeal, where legal action is threatened or has been initiated. Recording devices (audio and/or video), stenographers and attorneys representing either party will not be permitted at these hearings. The minutes of the meeting may be recorded, by the secretary of the committee, for the purposes of recording the minutes only. In no event shall any person or organization, under the jurisdiction of LHSAs resort to the courts, at any governmental level, until all appeal procedures have been exhausted. For violations of this rule, the offending party shall be subject to the sanction of suspensions and fines as set forth by LHSAs, NTSSAs, USYSAs, USSFs and FIFAs and shall be liable for all expenses incurred by these organizations in defending related court action, including but not limited to court costs, attorney's fees, compensation for persons defending such allegations, travel expenses, and expenses for holding meetings related to the court action.

8.8 Board Action. The Board of Directors, on its own motion, may bring any Game Protest, Grievance, or Appeal directly (thereby superseding and suspending the authority any intermediate authorities or officials) before the Board of Directors for a hearing when the Board of Directors feels it is necessary in order to render a decision and to speed the normal process for matters of the utmost importance.

8.9 Referee Matters. Grievances and the like against the performance or conduct of referees must be filed with the Vice President-Referees; such matters will be considered by the Vice President-Referees on a timely basis with such information as is deemed appropriate. It is the responsibility of the Vice President-Referees to determine the validity of such actions and to handle same within that association.

8.10 Finality. The decision of any authority, committee or official with respect to a Game Protest, Grievance or Appeal shall be final and conclusive, unless an Appeal is made to the next higher authority specifically and within the time period as set forth herein.

IX

MISCELLANEOUS

9.1 Conflicts of Interest. No person may be a Division Commissioner for a Division in which his or her child plays. Directors, Officers, committee members, etc., shall remove themselves from voting on any decision directly involving themselves, their own teams or their own children.

9.2 Amendments. These Rules and Regulations may be amended, repealed or restated by the Board of Directors or by a majority of the Members present at any regular meeting or special meeting; provided, however, that the proposed amendment, repeal or restatement shall have been submitted in writing to the Board of Directors and at least ten (10) days' written notice shall have been given to the Members of the proposed amendment, repeal or restatement of these Rules and Regulations. Notice of the proposed amendment, repeal or restatement shall be valid if it contains a general statement of the proposal, and such notice does not need to contain the entirety of such proposal.

9.3 Emergency. The Board of Directors shall have the authority to ignore any of these Rules and Regulations or institute new rules which may or may not be consistent with these Rules and Regulations, if two-thirds (2/3) of the Board of Directors believe same is necessary or appropriate in the case of an emergency or other extenuating circumstances.

9.4 Parents/Spectator Code of Conduct. LHSA has adopted and will enforce the Parents/Spectator Code of Conduct attached hereto as Appendix F.

9.5 Forms. The Board of Directors may, from time to time, adopt or promulgate such forms as it may deem necessary or desirable in the operation of the Association. Any forms promulgated by the Board of Directors shall be posted on the LHSA website or available at the LHSA office. The following forms have been promulgated:

- (a) Game Report
- (b) Player Registration Form
- (c) Medical Release Form
- (d) Special Request Form
- (e) Contractual Membership Form
- (f) Team Information Sheet
- (g) Scholarship Request Form

Last Revised: February, 2010.

APPENDIX A

NTSSA CODE OF ETHICS FOR COACHES

This code of ethics has been developed to clarify and distinguish approved and accepted professional, ethical, and moral behavior from that which is detrimental to the development of the sport of soccer. (The term coach shall include, but is not limited to Head Coach, Assistant Coach(es), Manager/Trainer and/or Team Representative.

I

RESPONSIBILITIES TO PLAYERS

1. The coach must never place the value of winning over the safety and welfare of players. Winning should be the result of preparation and discipline with emphasis placed on the highest ideals and character traits.
2. Coaches shall instruct players to play within the written laws of the game and within the spirit of the game at all times.
3. Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior to players.
4. Coaches should not tolerate inappropriate behavior from players regardless of the situation.
5. Demands on players' time should never be so extensive as to interfere with academic goals and progress. Motivation for excellence should include academics as well as athletics.
6. Coaches must never encourage players to violate NTSSA recruitment, eligibility, or guest player rules and policies.
7. Under no circumstances should coaches authorize or encourage the use of medicinal or performance enhancing drugs. Players should be directed to seek proper medical attention for injuries and to follow the physician's instructions regarding treatment and recovery. At no time should a player be put at risk by returning from injury prematurely or by being forced to play while injured.

II

RESPONSIBILITY TO NTSSA AND MEMBER ASSOCIATIONS

1. Adherence to all NTSSA and Member Association rules and policies, especially those regarding eligibility, team formation, recruiting, and guest players are mandatory and should never be violated. It is the responsibility of every coach to know and understand these rules.
2. Player development and the growth of the player through participation is essential to the growth of the sport. Additionally, the coach must behave in such a manner that the principles, integrity, and dignity of the sport are maintained.
3. Any problems that cannot be resolved between coaches should be referred to the appropriate NTSSA Commissioner, Member Association, or League Commissioner immediately.

III

RESPONSIBILITY TO THE LAWS OF THE GAME

1. Coaches should be thoroughly acquainted with and demonstrate a working knowledge of the laws of the game of soccer. Coaches are also responsible to ensure that their players understand the intent as well as the application of the laws.
2. Coaches must adhere to the letter and spirit of the laws of the game. Those coaches who circumvent the rules to gain advantage have no place in soccer.

3. Coaches are responsible for their players' actions on the field and must not permit them to perform with the intent of causing injury to opposing players.
4. If coaches permit, encourage, or condone performance which is not in the letter or spirit of the laws, they are derelict in their responsibility to players, Member Associations, NTSSA and the sport worldwide. The coach must strive constantly to teach good sporting behavior.

IV RESPONSIBILITY TO OFFICIALS

1. Officials must have the support of coaches, players, and spectators. Criticism of officials undermines their purpose in the game. Coaches must always refrain from criticizing officials in the presence of players.
2. Coaches should strive to develop a line of communication with officials, giving each an opportunity to better understand the problems relating to their specific area. This section shall not be taken as an encouragement to debate referee decisions during the match.
3. On game day, officials should be treated with respect before, during, and after the game. Officials should be addressed as "Referee" or "Mr./Ms. Referee" and not by name. Professional respect should be mutual and there should be no demeaning dialogue or gesture between official, coach, or player. Coaches must not incite players or spectators or attempt to disrupt the flow of play.
4. Comments regarding an official should be made in writing to the appropriate organization assigning the official.

V RESPONSIBILITIES REGARDING SCOUTING AND RECRUITING

1. It is unethical to scout any team, by any means whatsoever, except in regularly scheduled games.
2. The use of video tape or motion picture equipment to scout an opponent's regularly scheduled games for the purpose of recruiting is unethical.
3. All NTSSA rules pertaining to recruiting shall be strictly observed by the coach, manager, or any team representative.
4. It is unethical to recruit player(s) actively playing for another team.
5. It is unethical for a player to be recruited or enticed from the Olympic Development Program (ODP) setting, either by his ODP coach or any other coach, manager, parent or team representative.
6. When discussing the advantages of his/her organization, the coach has an ethical obligation to be forthright and refrain from making derogatory remarks regarding other coaches, teams, and organizations.
7. It is unethical for any coach to make a statement to a prospective athlete which cannot be fulfilled; illegal to promise any kind of compensation or inducement for play; and immoral to deliver same.
8. Allegations of illegal or unethical recruiting are very serious and should be based on concrete facts rather than hear-say and innuendo. While documentation of recruiting violations is essential, the use of video tape and other electronic equipment is discouraged.

VI
RESPONSIBILITY OF PUBLIC RELATIONS

1. Coaches have a responsibility to promote the game of soccer to the public. Comments and critiques of governing bodies, teams, coaches, players, parents, or the media should be positive and constructive, never prejudicial or inflammatory.
2. When asked to give a recommendation concerning team, camp, coach or organization, it is in the best interest of all concerned if no less than three referrals are given in order to provide a professional unbiased source of information.
3. Coaches have the responsibility to assist their players in conducting themselves properly when in public while representing their team, Member Association, and NTSSA.
4. Publicly predicting a win is folly and serves no useful place in a coach's public image.
5. Comments stressing injuries, team, personnel conflicts, or disciplinary problems as an excuse for a loss or unsuccessful endeavor are detrimental and should be avoided.
6. It is unethical for a coach to solicit alumni, parents, booster club, or managers to pressure organization, Member Associations, or NTSSA to alter established rules. The coach must not attempt to influence these organizations in political or financial dealings outside the framework of their own rules and bylaws.
7. The media should be allowed access to the players for comment. Players should be instructed in how to conduct themselves during an interview.

VII
GAME DAY AND OTHER RESPONSIBILITIES

1. A coach's behavior must be such as to bring credit to himself, his organization, and the sport of soccer. This is never more evident than on the day of the contest.
2. Rival coaches should meet prior to the game and exchange friendly or professional greetings. While the concept of rivalry is wholly embraced, it cannot take precedence over exemplary professional conduct.
3. During play, coaches have a responsibility to be as inconspicuous as possible. Coaches shall exhibit a respectful attitude towards players. The coach must confine himself/herself to the coaching area. The attitude of the coach towards officials, spectators, opposing players and coaches should be controlled and undemonstrative.
4. It shall be unethical for a coach to have any verbal altercation with an opposing coach or bench during the game. Hostile physical contact with a player is considered highly unethical.
5. The coaches foremost post game responsibility is his/her team.
6. Coaches should use their influence on unfriendly spectators that demonstrate intimidating behavior towards officials and opposing teams.

APPENDIX B

DISCIPLINARY RULES

A. AUTHORITY.

1. General. All participants in youth soccer within the jurisdiction of LHSA have requested to participate in our programs. Therefore, these participants have agreed to abide by the Constitution, Bylaws, Rules of Competition and other rules or regulations of LHSA, NTSSA, USYSA, USSF, and FIFA. LHSA has jurisdiction over all spectators, players, parents, coaches, team managers, administrators and referees who choose to affiliate. The NTSSA Articles of Incorporation and Bylaws provide that it has jurisdiction over all Member Playing Associations (which includes LHSA), players, coaches, team managers, administrators and representatives, and referees who choose to affiliate. Any Member Association (including LHSA) or participants in youth and adult soccer within the jurisdiction of NTSSA found in violation of the Articles of Incorporation, Bylaws, Rules and Regulations of NTSSA or LHSA, as well as those of the United States Soccer Federation and its respective Youth and Amateur Divisions, may be subject to publication in the monthly newsletter of this association or NTSSA President's Newsletter of their name, the type of violation, and the disciplinary action taken. Publication will be limited to individuals receiving disciplinary actions of three months or greater.

2. Appeals and Disciplinary Committee. The Association has established an Appeals and Discipline Committee ("A&D Committee"), and will appoint a chairperson and members on an annual basis. The A&D Committee shall hold a hearing, **WITH THE PARTIES HAVING THE RIGHT TO BE PRESENT**, in accordance with the Bylaws and Rules and Regulations, on every player / coach / assistant coach / spectator and/or parent as required for card accumulation or serious misconduct. The Association will furnish to NTSSA an up-to-date list of the A&D Committee chairperson and committee members (including their addresses and phone numbers).

B. MISCONDUCT OF YOUTH PLAYERS/COACHES/ASSISTANT COACHES.

1. Cumulative Card System. LHSA will operate and keep records on a twelve "**CUMULATIVE CARD SYSTEM**" for all players/coaches/assistant coaches. Appeal of cards are not allowed except when the referee admits he made an error in the issuance of the card. Cards issued in league play are cumulative during the entire soccer year. When a player transfers to another team his or her accumulated league play cards count against the cumulative card totals for both his or her old and new team.

2. League Play Operations. A "CUMULATIVE CARD SYSTEM" for all league play will be operated as follows:

(a) Yellow Cards. One game automatic suspension for the game following an individual's third (3rd) league play yellow card. Two game automatic suspension for the game following such individual's fifth (5th) league play yellow card. One game automatic suspension for the game following such individual's sixth (6th) league play yellow card. NOTE: A player/coach/assistant coach receiving a second (2nd) yellow card in a single game is suspended for the balance of that game, and those two yellow cards are then added to such individual's previous total of league play yellow cards to determine whether additional game suspensions, if any, are required. Red cards issued *solely* as a result of a second (2nd) yellow in a single game will not be added to such individual's league play red card total.

(b) Red Cards. One game automatic suspension for the game following an individual's first (1st) league play red card. Automatic suspension, pending a hearing, from all NTSSA-sanctioned activities following such individual's second (2nd) league play red card. Red cards issued *solely* as a result of a second yellow card in a single game will not be added to such individual's league play red card total.

NOTE: In cases where, during a single game, an individual receives a yellow card followed by a "straight red card" (as opposed to a red card issued solely as a result of a second (2nd) yellow card), both cards will be added to such individual's respective total of league play red and yellow cards and punished accordingly. If LHSA's A & D Committee determines that a red card was issued for an infraction that was not an "expulsion" offense in accordance

with the FIFA Laws of the Game, such A & D Committee may reduce the red card to a yellow card and assess sanctions accordingly. LHSa may not, however, do away with the card altogether. A full report of this action will be sent to NTSSA.

(c) Seventh Card. Any individual obtaining a seventh (7th) card in league play shall be immediately suspended pending a hearing with NTSSA A&D Committee (meaning any combination of yellow and red cards totaling seven).

3. Tournament Play Operation. A "CUMULATIVE CARD SYSTEM" for each tournament will be operated as follows:

(a) Yellow Cards. One game automatic suspension for the game following an individual's third (3rd) yellow card. Two game automatic suspension for the game following such individual's fifth (5th) yellow card of the tournament. One game automatic suspension for the game following such individual's sixth (6th) yellow card of the tournament. NOTE: A player/coach/assistant coach receiving a second (2nd) yellow card in a single game is suspended for the balance of that game, and those two (2) yellow cards are then added to such individual's previous total of yellow cards for that tournament to determine whether additional game suspensions, if any, are required. Red cards issued *solely* as a result of a second (2nd) yellow in a single game will not be added to such individual's red card total for the tournament.

(b) Red Cards: One game automatic suspension for the game following an individual's first (1st) red card of the tournament. Automatic suspension, pending a hearing, from all NTSSA-sanctioned activities following such individual's second (2nd) red card of the tournament. Red cards issued solely as a result of a second (2nd) yellow card in a single game will not be added to such individual's red card total for the tournament.

NOTE: In cases where, during a single game, an individual receives a yellow card followed by a "straight red card" (as opposed to a red card issued solely as a result of a second (2nd) yellow card) both cards will be added to such individual's respective total of red and yellow cards for the tournament and punished accordingly. If Tournament Officials determine that a red card was issued for an infraction that was not an "expulsion" offense in accordance with the FIFA Laws of the Game, such officials may reduce the red card to a yellow card and assess sanctions accordingly. The Tournament Officials may not, however, do away with the card altogether. A full report of this action will be sent to NTSSA.

4. Minimum Punishment. The CUMULATIVE CARD SYSTEM prescribed by these rules defines the **minimum** disciplinary punishment to be taken by LHSa and Tournament Officials. Nothing herein prevents LHSa or Tournament Officials from enacting more severe sanctions. Each case should be judged on its own set of circumstances and the degree of misconduct or violence, the latter of which will be dealt with swiftly and severely.

5. Coach Misconduct. Any misconduct by a coach justifying a report by a referee or any other person shall be directed to the NTSSA Appeals and Disciplinary Committee as well as to LHSa. LHSa shall promptly (within seven (7) days after receipt of the report) rule on the report and send its decision to the NTSSA A&D Committee. The NTSSA A&D Committee will determine the extent of the punishment, if any, in addition to that taken by LHSa.

6. NTSSA Decision. The NTSSA A&D Committee will make its decision based entirely upon the written reports before it, including that of the affected coach, should he or she submit a report. Hearings will not be held by the NTSSA A&D Committee unless it, of its own volition, chooses to call one.

7. Non-Exemplary Conduct. A coach whose conduct is less than exemplary to his or her players, parents and/or spectators will be firmly dealt with by LHSa and the NTSSA A&D Committee.

8. Game Suspension. Game suspensions for yellow and red cards (as set forth above) are to be served by the player/coach/assistant coach at the next scheduled game (including regular league, make-up league, play-off, championship, cup, and local or state tournament games) that such individual's team is involved in. A suspension imposed by these rules shall be recognized by all affiliated organizations after proper notification. The lack of a hearing or referee report on the offense shall not affect such individual's suspension.

9. Game Suspensions Reported to NTSSA. All game suspensions will be reported immediately to the NTSSA A&D Committee. LHSA or the Tournament Officials making the report will forward a copy of the referee's Misconduct Report(s) which underlie the suspension. The NTSSA A&D Committee will determine the extent of the punishment, if any, in addition to that prescribed by LHSA or the Tournament Officials, taking into consideration the severity of the misconduct.

10. NTSSA Decision. The NTSSA A & D Committee will issue its decisions based entirely upon the official's reports and any other written reports before it, including that of the affected individual, should he or she submit a report. A hearing will not be held by the Committee unless it, of its own volition, chooses to call one because of the nature of the case.

11. Extreme Violent Conduct. LHSA and/or Tournament Officials will extend severe punishment to those players, coaches, and assistant coaches guilty of extreme violent conduct while participating in a match and for violence towards any person or property after being ejected, while on the touchline or approaching or leaving the game site.

12. LHSA Official. If a coach, who is also a LHSA officer or director, receives two or more cards in a single season, he or she shall be reviewed by the LHSA Board of Directors for possible removal from office.

C. MISCONDUCT OF SPECTATORS.

1. Responsibility. Each team in LHSA is responsible for the conduct of its spectators. The referee shall have the authority to caution and/or send-off the coach or acting coach from the field for the misconduct of the spectators associated with the team. Therefore, the coach/assistant coach/team manager is expected to control his or her spectators, especially on non-enclosed fields. If he or she is unable to do so, LHSA will take appropriate action towards the identifiable, unruly spectator, or, if unidentifiable, towards the team itself. The misconduct report from the referee shall be sent to the Division Commissioner and the A&D Committee of LHSA. LHSA or Tournament Officials may report spectator misconduct to the NTSSA Appeals and Disciplinary Committee for review and further action if the NTSSA A&D Committee feels it is warranted.

2. Authorized Actions. The following actions for misconduct of spectators may be taken by the Division Commissioners or LHSA:

- (a) Suspend the spectator from attending future matches.
- (b) Report spectator to the local Park & Recreation Department.
- (c) Require the team to forfeit any games at which such spectator is present on the touchline (however, such spectator cannot be kept off public street or out of parking lot).
- (d) Require the offending team to pay for the presence of police at the game.
- (e) Revoke and/or refuse registration to the offending team.
- (f) Cause the spectator to be placed under a municipal "peace bond."

D. MISCONDUCT AND PUNISHMENT OF TEAMS.

1. League Play. When, during the current soccer year, the players/coaches/assistant coaches of a given team have accumulated a total of seven (7) send-offs in league play (including red cards issued as a result of an individual receiving two yellow cards in a single game) or any combination of cards totaling 25, LHSA shall notify the team and the NTSSA A & D Committee. The team will be fined \$100.00 payable to NTSSA within thirty (30) days of receiving notice of the seventh (7th) send-off. Failure of LHSA to notify the NTSSA A&D Committee within fourteen (14) calendar days of a team's seventh (7th) send-off will result in a fine of \$100.00 per week for each week such notice is late. Red cards or send-offs assessed against that team's spectators or against that team, during tournament play will be reviewed to ascertain team misconduct tendencies.

2. Tournament Play. When the players/coaches/assistant coaches of a given team have accumulated a total of four (4) send-offs in a tournament (including red cards issued as a result of an individual receiving two yellow cards in a single game), the Tournament Officials shall notify the team and the NTSSA A&D Committee. The team will be fined \$100.00 payable to NTSSA within thirty (30) days of receiving notice

of the fourth (4th) send-off. The Coach and the players of said team may be required to appear before the committee to explain the team's continued misconduct. Failure of Tournament Officials to notify the NTSSA A&D Committee within fourteen (14) calendar days of the team's fourth (4th) send-off will result in a fine of \$100.00 per week for each week such notice is late. Red Cards or send-offs assessed against that team's spectator or against that team during league play will be reviewed to ascertain team misconduct tendencies.

3. Denial of Soccer Privileges. LHSA and NTSSA will not hesitate to deny teams, coaches, managers, team representatives or players within its jurisdiction the privilege of further participation in all or selected soccer activities within its jurisdiction for repeated offenses and for serious offenses considered to bring the game into disrepute. A probation period and/or other sanctions may be rendered to teams, coaches, managers, team representatives or players for violation of this rule.

E. GAMES DIRECTLY SPONSORED BY NTSSA.

Misconduct involving any participant (player, coach, parent/spectator) of NTSSA-sponsored games, as opposed to LHSA-sponsored games, will be reported directly to the Tournament Officials of the State Cup and Games Committee and will be forwarded to the State Appeals and Disciplinary Committee immediately after the occurrence for appropriate disciplinary action.

F. MISCONDUCT TOWARD REFEREE.

1. Policy. Lake Highlands Soccer Association will not tolerate abuse of officials, both referee and linesmen, in any competition sponsored by LHSA.

2. Referee Abuse and Assault. NTSSA has exclusive jurisdiction over assault or abuse of officials, both referees and linesmen, in any competition conducted by NTSSA or LHSA. This jurisdiction includes:

- (a) All USSF registered referees (adult and youth).
- (b) Any non-licensed person serving in any emergency capacity as a game official.
- (c) Any coach, parent or junior linesman, serving as a game official.

3. Report of Abuse/Assault. If there is an assault/abuse of any game official by any person, including players, coaches, managers or spectators, a report of the alleged assault/abuse will be submitted immediately to the appropriate State Commissioner and the A&D Committee Chairman, Olympic Development Program Chairman and the Chairman of the State Referee Committee. This subcommittee, chaired by the appropriate commissioner, shall review and investigate the report(s) as submitted, and upon proper investigation shall determine the seriousness of the alleged assault/abuse report(s) in a timely manner.

4. Referee Assault. Should the majority of the members of such subcommittee determine that there is sufficient evidence to consider the incident a referee assault, a formal assault hearing shall be held within thirty (30) days of the incident. An intentional act of physical violence upon a game official, as defined in Section F.2. above, shall be deemed a "referee assault" in NTSSA under the terms and conditions of USSF Rule 3042.

NOTE: Assault includes, but is not limited to, the following acts committed upon a referee: hitting, kicking, punching, choking, spitting at or on, grabbing or bodily running into a referee; the act of kicking or throwing any object at a referee that could inflict injury; damaging the referee's uniform or personal property, i.e., car, equipment, etc.

5. Assault Hearings. Assault hearings conducted by the NTSSA Executive Committee may be conducted in the following manner:

- (a) The alleged offending party is requested to be present at such hearings; if he is not present, the NTSSA Executive Committee will act upon the matter with the information before it.
- (b) The game official(s) are required to be present at the hearings. However, if they are not present, the NTSSA Executive Committee will act upon the matter with the information before it.

(c) It is intended that the official's reports be clear and that no explanations are required at the hearing. Only the NTSSA Executive Committee will question the official(s). If the offending party or any other person(s) need explanation, such queries will be addressed through the Chair.

6. Appeal. Any party adjudged guilty of referee assault shall have the right to appeal, within thirty (30) days of receipt of the decision, to the USSF Appeals Board, following USSF Rule 2104.

7. Assault on Officials by an Amateur Player. Should a player (male or female) be found guilty of referee assault, the NTSSA Executive Committee may, at its discretion, impose upon the team of which the player is a member, the requirement of posting a \$1,000.00 cash bond to be held in the treasury of NTSSA without interest for a period of one (1) year after posting. This cash bond will be required to be posted before the team may engage in any further games within the boundaries of NTSSA. Should any other member of said team be found guilty of a referee assault during that one (1) year period, the team shall forfeit the bond, and another similar bond will be required before the team can continue in competition. If no member of the team commits a referee assault during that one (1) year period, the bond will be returned to the person or persons designated to receive such payment. No member of such team which has failed to post such bond will be permitted to register with another team until that member has posted a \$50 bond with NTSSA; nor shall any new member be allowed to register on that team until such member has posted a \$50 bond, such bonds to be held under the same terms and conditions as the team bonds.

8. Referee Abuse.

(a) Should the subcommittee, as noted in paragraph F.3. above, determine the action to be referee abuse as explained in paragraph (1) below, it shall impose not less than a three (3) game suspension. A formal hearing will not be held unless it is requested. Should a formal hearing be held, it shall be chaired by the appropriate Commissioner in accordance with paragraph F.3. above, and the procedure of hearing shall be the same as in paragraph F.5. above.

(1) Referee abuse is a verbal statement or physical act which implies or threatens physical harm to a referee or the referee's property or equipment. Abuse includes, but is not limited to the following acts committed upon a referee: using foul or abusive language toward a referee; spewing any beverage on a referee's personal property; verbally threatening a referee. Verbal threats are remarks that carry the implied or direct threat of physical harm. Such remarks as, "I'll get you after the game" or "you won't get out of here in one piece," shall be deemed referee abuse.

(2) Findings of this subcommittee and/or hearing may be appealed directly to the NTSSA Executive Committee within seven (7) days of the date of the letter of notification to the offending party. Copies of this notification shall be sent to the offending party, the coach, and/or team manager, if applicable, complainant and the President of LHSA.

9. Timeliness of Charges. Any assault or abuse charge must be postmarked within forty-eight (48) hours (unless there is a valid reason for later reporting). No complaint will be processed by NTSSA if not received within fourteen (14) days of the alleged incident.

G. MISCONDUCT OF REFEREES.

1. Participants or Spectators. When any referee is alleged to have committed misconduct toward any participant or spectator of a match, the NTSSA Referee Committee will hear such allegations and assess punishment of the referee in regard to his activities.

2. Another Referee. When any referee is alleged to have committed misconduct toward another referee, the NTSSA Referee Committee will hear such allegations and deliver to the NTSSA Executive Committee its findings and punishment of the referee in regard to his activities.

H. APPELLATE PROCEDURES.

1. Exhaust Association Remedies. All those under the jurisdiction of NTSSA are reminded that they must exhaust all appellate procedures of the Association on all matters not covered by this Rule before NTSSA can acquire jurisdiction to hear the appeal under NTSSA rules.
2. LHSA Rules. LHSA has set the rules of hearings and the number of witnesses, and the time allotted to each, to provide that fair hearings are held. LHSA has also determined whether it will allow closed or open hearings.
3. Threaten Lawsuit. LHSA and its committees will refuse to hear any appeal when any person is threatening a lawsuit. The appeal will be passed to the next higher forum which would hear it. This is a sport to which participants are giving freely of their time, and those participants do not need to take the trouble and expense to appear in court.
4. Hearing Protocol. The Association will not allow the use of tape recorders, court reporters and the presence of attorneys at hearings. NTSSA will refuse to allow such recording devices.
5. Suspension. Should any aggrieved party resort to the courts without exhausting all avenues of appeal including through to the USSF, NTSSA may, at its discretion, suspend such person or refuse to accept further registration in soccer activities within its jurisdiction.
6. Appeals from LHSA. An appeal of decisions pursuant to NTSSA Rule XI made by the Association, after LHSA's appeal procedures have been exhausted, will be made to the NTSSA A&D Committee in accordance with procedures established by this section.
7. Appeals from NTSSA A&D Committee. An appeal of decisions made by the NTSSA A&D Committee will be made to the NTSSA Executive Committee in accordance with procedures established in this section.
8. NTSSA Appeals Formalities. An appeal of decisions presented to NTSSA will be:
 - (a) In writing.
 - (b) Made to the General Manager of NTSSA within five (5) days of receipt of written notice of the lower level authority's decision(s).
 - (c) Fees, as specified, will be in cash or certified check and will accompany the written notice of appeal.
9. Fees. Filing fees for appeals will, under no circumstances, be waived. Fees will be refunded to the appealing party only if the previous decision is overruled. Fees will be:
 - (a) All player appeals - \$50.00 (\$25.00 paid by the player and \$25.00 paid by the coach).
 - (b) All coach appeals and referee appeals - \$100.00.
 - (c) All team appeals - \$100.00.

I. RECORDS.

The NTSSA Appeals and Disciplinary Committee will maintain a permanent file of all reports sent to it and the action taken. When any one person or a team shows a trend toward numerous misconduct reports, such Committee will contact such person or team for the purpose of warning or may call such person or team before it.

J. ASSOCIATION TO COMPLY.

When LHSA, or a member thereof, fails to send in reports as required by this Rule, NTSSA will take any action it considers proper, including fines not to exceed Five Hundred Dollars (\$500.00). Repeated violations by LHSA can result in LHSA being declared not in good standing.

APPENDIX C

FIFA KICKS FROM THE PENALTY MARK PROCEDURE

The following describes the FIFA Penalty Kick Procedure to determine a winning team.

1. The referee shall choose a goal at which all of the kicks shall be taken.
2. He shall toss a coin, and the team whose captain wins the toss shall take the first kick.
3. The referee shall note each player as he takes a kick from the penalty mark.
4. (a) Subject to the terms of the following paragraphs (c) and (d), both teams shall take five kicks.
(b) The kicks shall be taken alternatively.
(c) If, before both teams have taken five kicks, one has scored more goals than the other could, even if it were to complete its five kicks, the taking of the kicks shall cease.
(d) If, after both teams have taken five kicks, both have scored the same number of goals, or have not scored any goals, the taking of kicks shall continue, in the same order, until such time as both teams have taken an equal number of kicks (not necessarily five more kicks) and one has scored a goal or more than the other.
5. The team which scores the greater number of goals, whether the number of kicks taken is in accordance with the foregoing paragraph 4(a), 4(c) or 4(d) shall qualify for the next round of the competition, or shall be declared the winner of the competition, as the case may be.
6. (a) With the exception referred to in the following paragraph (b), only the players who are on the field of play at the end of the match in which extra time is authorized, is concerned, and any who, having left the field temporarily, with or without the referee's permission, are not on the field of play at the time, shall take part in the taking of the kicks.
(b) Provided that his team has not already made use of the maximum number of substitutes permitted by the rules of the competition under which the match has played, a goalkeeper who sustains an injury during the taking of kicks, and who, because of the injury, is unable to continue as goalkeeper, may be replaced by a substitute.
7. Each kick shall be taken by a different player, and not until all eligible players of any team, including the goalkeeper or the named substitute by whom he was replaced under the terms of paragraph 6 as the case may be, have each taken a kick may a player of the same team take a second kick.
8. Subject to the terms of paragraph 6 any player who is eligible may change places with his goalkeeper at any time during the taking of the kicks.
9. (a) Other than the player taking a kick from the penalty mark, and the two goalkeepers, all players shall remain within the center circle while the taking of the kicks is in progress.
(b) The goalkeeper who is a colleague of the kicker, shall take up position within the field of play, outside the penalty area at which the kicks are being taken, behind the line which runs parallel with the goal line, and at least 10 yards from the penalty mark.
10. Unless stated to the contrary in the foregoing paragraphs 1 to 9, the Laws of the Game, and the International Board Decisions relating thereto, shall insofar as they can, apply at the taking of the kicks. During the taking of kicks, once the kick has been taken, the kick shall be completed immediately when the ball rebounds from the goalkeeper, the cross bar or the goal post; the player taking the kick cannot re-kick the rebounded ball.
11. In the event of light failing before the end of the taking of kicks from the penalty mark, the result will be decided by the toss of a coin or drawing lots.

APPENDIX D

AMENDED PLAYING RULES SUMMARY FOR DIVISIONS

The Amended Playing Rules Summary for age group Divisions U-4, U-5, U-6, U-7 and U-8, and U-9 and U-10 play follow this cover page. However, these summaries do not supersede the amendments of playing rules as specified in these Rules and Regulations.

**AMENDED PLAYING RULES
U-4, U-5 and U-6 AGE GROUP DIVISION**

- Purpose: The LHSA U-4, U-5 and U-6 age group divisions are intended to promote the game of soccer by reducing the number of field players thus allowing for more quality playing time. Fun, learning and sportsmanship are our main objectives.
- Team Size: Games will be played generally in a 3 v 3 or 4 v 4 format with **no goalkeeper**. A minimum of 3 players are required to play a game. Flexibility on number of players is allowed to keep all children playing at this age group; therefore, a 3 v 4 or 4 v 5 format is acceptable.
- Playing Time: The game will be divided into four (4) equal 10 minute quarters. Each player shall play as equal an amount of time as is possible.
- Equipment:
1. Size 3 ball shall be used.
 2. Jerseys with numbers are required.
 3. Shin guards (worn under socks) are **mandatory**.
 4. Tennis shoes or soccer shoes must be worn (no baseball shoes are allowed).
- Official: Association or club referee (Grade 9); or both Coaches/Assistant Coaches, as determined by LHSA.
- Game Rules:
1. **NO Goalkeepers ALLOWED. This means that no player may be stationed as a defender in front of the goal.**
 2. Game Reports will be used and turned in to the Division Commissioner, who will maintain a confidential record thereof. **HOWEVER, ALL SCORES WILL BE POSTED AS TIES FOR THE STANDINGS.**
 3. Teams may be co-ed.
 4. Substitutions are allowed (with the official's permission if an official is in control of the game) at the following times:
 - a. at the start of each quarter (after the 1st, 2^d and 4th quarters);
 - b. after an injury, by either team and after the play is stopped; and
 - c. at half time.
 5. The length of the half-time is five (5) minutes; the quarter intermissions should be no more than two (2) minutes.
 6. On all free kicks, corner kicks and goal kicks, the opponents must be 5 yards from the ball before the kick is taken.
 7. Ball over touchline: There shall be no throw-ins. The team which would have taken the throw-in will take a free kick at the appropriate place on the touchline. Coaches are permitted to "kick" ball back into play if it crosses the touchline by only a foot or two to keep play moving, but never to gain an advantage.
 8. There will be **NO penalty kicks**; and **all free-kicks will be indirect**.
 9. Parents, non-playing players and coaches are to remain 3 yards back from the touchlines, and no one will be closer than 10 yards to the goal lines, without the official's permission.
 10. One coach from each team may be allowed on the field during the game for the sole purpose of positioning his/her players, to place the ball for restarts, to stop play for injury or rough play. Once play is resumed, the coach must move to the "touch line" area and remain at least 5 yards from play.
 11. Coaches need to bring a whistle and a watch to the games.
 12. **NO OFF-SIDES CALLED.**
 13. No Goal Area and no Penalty Area.

**AMENDED PLAYING RULES
U-7 and U-8 AGE GROUP DIVISIONS**

- Purpose: The LHSA U-7 and U-8 age group divisions are intended to promote the game of soccer by reducing the number of field players thus allowing for more quality playing time. Fun, learning and sportsmanship are our main objectives.
- Team Size: Games will be played with a maximum of 7 players on the field, one of whom shall be a goalkeeper. A minimum of 5 players are required to play a game.
- Playing Time: The game will be divided into two (2) equal 25 minute halves. Each player shall play a minimum of one-half of the game.
- Equipment:
1. Size 3 ball shall be used for U-7 Divisions (effective 8-1-96); Size 3 ball shall be used for U-8 Divisions (effective 8-1-97).
 2. Jerseys with numbers are required.
 3. Shin guards (worn under socks) are **mandatory**.
 4. Tennis shoes or soccer shoes must be worn (no baseball shoes are allowed).
- Officials:
1. USSF Registered Referee.
 2. Association or Club Linesmen.
- Game Rules:
1. Substitutions are allowed, with the referee's permission at the following times:
 - a. approximately midway during each half, 1 minute is allowed for substituting (please **note** this is for substituting **ONLY**, the clock keeps running);
 - b. after an injury, by either team, and after the referee stops play; and
 - c. at half time.
 2. On all free kicks, corner kicks and goal kicks, the opponents must be 6 yards from the ball before the kick is taken.
 3. Goal kicks: opponents must stay outside the penalty area until the ball is in play. The ball is in play when it clears the penalty area.
 4. There will be NO penalty kicks; and all free-kicks will be indirect.
 5. Parents and coaches are to remain in the area 10 yards either side of the center line and 1 yard back from the touch lines. No one will be closer than 6 yards to the goal lines without the referee's permission.
 6. **LHSA recommends that the goalkeeper position be rotated among several players.**
 7. **NO OFFSIDE-CALLED** for U-7 Divisions and for U-8 Divisions.
 8. Game Reports will be used and turned in to the Division Commissioner, who will maintain a confidential record thereof; **STANDINGS WILL BE REPORTED AND PUBLISHED IN THIS DIVISION.**

**AMENDED PLAYING RULES
U-9 and U-10 AGE GROUP DIVISIONS**

- Purpose: The LHSA U-9 and U-10 age group divisions are intended to promote the game of soccer by reducing the number of field players thus allowing for more quality playing time. Fun, learning and sportsmanship are our main objectives.
- Team Size: Games will be played with a maximum of 8 (9 until August 31, 1996) players on the field, one of whom shall be a goalkeeper. A minimum of 6 players are required to play a game.
- Playing Time: The game will be divided into two (2) equal 25 minute halves. Each player shall play a minimum of one-half of the game.
- Equipment:
1. Size 4 ball shall be used.
 2. Jerseys with numbers are required.
 3. Shin guards (worn under socks) are **mandatory**.
 4. Tennis shoes or soccer shoes must be worn (no baseball shoes are allowed).
- Officials:
1. USSF Registered Referee.
 2. Association or Club Linesmen.
- Game Rules:
1. Substitutions are allowed with the referee's permission, at the following times:
 - a. prior to a throw-in in favor of the team with the ball;
 - b. prior to a goal kick by either team;
 - c. after an injury, by either team, after the referee stops play;
 - d. after a goal is scored, by either team;
 - e. at half time; and
 - f. when a caution is given, such cautioned player may be substituted (except in interstate games).
 2. On all free kicks, corner kicks and goal kicks, the opponents must be 8 yards from the ball before the kick is taken.
 3. Goal kicks: opponents must stay outside the penalty area until the ball is in play. The ball is in play when it clears the penalty area.
 4. Penalty Kicks will be awarded as provided in the Laws of the Game.
 5. Parents and coaches are to remain in the area 10 yards either side of the center line and 1 yard back from the touch lines. No one will be closer than 6 yards to the goal lines without the referee's permission.

APPENDIX E

TEEN CO-ED LEAGUE RULES

The Rules for the Teen Co-Ed League follows this cover page.

LHSA TEEN CO-ED LEAGUE RULES

1. REGISTRATION

- 1.1 Team Registration. In order to properly register a team the Coach or Manager must submit the following:
- a. Player registration form fully completed for each player
 - b. Registration Fee for each player
 - c. Coach's/ manager's Contract and Membership Form
 - d. If the players are not otherwise registered in LHSA, a photocopy of such player's Birth Certificate
- 1.2 Individual Registration. Individuals may register to be placed on a team by the Co-ed League Commissioner and must submit the following:
- a. Player registration form fully completed
 - b. Registration Fee
 - c. If the player is not otherwise registered in LHSA, a photocopy of the player's Birth Certificate.
- 1.3 Teen Co-ed Soccer Season. The Teen Co-ed Soccer Season shall begin at 12:00 AM on the registration date determined and shall end at 11:59 PM on the day of the last scheduled game or makeup game date.

2. TEAM FORMATION

- 2.1 Playing Age Groups. To be eligible for Teen Co-ed soccer, a player must be eligible to play in U-12, U-14, U-16 or U-19 playing Age Groups, unless otherwise permitted by the Co- Ed League Commissioner.
- 2.2 Age Determination. The age of a player by August 1st of the current soccer year will determine the age group Division in which the player will play, regardless of the player's age at the start of the current co-ed soccer season. The soccer year is as defined by NTSSA and USYSA. The minimum age to play co-ed soccer in LHSA is eleven (11) on or before August 1st of the current soccer year; that is, any player whose age qualifies them as a U-12 player.
- 2.3 Playing Up. Players are not encouraged to play up in Co-ed Soccer. A player may be assigned to the next higher age group division provided the following conditions are met:
- a. Play-up request form must be completed by parents and turned in at Registration
 - b. Co-ed League Commissioner must approve play- up request
 - c. Coach of team assigned must approve play- up request
 - d. No player may play more than one division higher than the player's true age bracket

- 2.4 Eligibility. A player is eligible to play in the LHSA Teen Co-ed League if the following conditions are met:
- a. A player may only participate in any LHSA Teen Co-ed game if a Registration Form and Registration Fee were turned into and received by the Co-ed League Commissioner prior to the game.
 - b. A player may only play for one LHSA Co-ed team per season.
 - c. A player may play for a Co-ed team while rostered on another team registered in any NTSSA member association as either a competitive or recreational player.
 - d. A player must meet the age group eligibility requirements.
 - e. A player must not be serving a disciplinary suspension from any NTSSA member Association. Any player that has been suspended shall be ineligible for the remainder of the soccer year in which the suspension is in effect.

3. ROSTERS AND ASSIGNMENTS

- 3.1 Teams. A team may register as a group for play in the Teen Co-ed League in LHSA and be rostered together, or teams will be formed by the LHSA Co-ed League Commissioner from individuals that register and enter the player pool with the intent that:
- a. Each team will be formed with an equal number of boys and girls on the roster or the number of girls exceeding the number of boys if an unequal number of players causes this to be necessary.
 - b. Teams will be formed with players with the same school affiliation or fulfilling requests to play together whenever possible.
 - c. Returning teams may remain intact if they meet or exceed the minimum roster size allowed or have players added to reach the maximum roster size or size determined by the Co-ed League Commissioner.
- 3.2 Roster Size. For Teen Co-ed 8 v 8 soccer, a roster shall contain a minimum of 4 and a maximum of 8 girls and boys shall not exceed 50% of the maximum roster size, unless otherwise permitted by the Co-ed League Commissioner. Players may be simultaneously rostered on either competitive or recreational teams.
- 3.3 Changes to Roster. Rosters may be changed by addition or deletion of players with permission of the Co-ed League Commissioner.

4. COACHES AND MANAGERS

- 4.1 Adult. Every team playing in the Teen Co-ed League shall have an adult coach or manager. This person shall be designated as the official representative of the team and shall receive and deliver all communications to or from the Co-ed League Commissioner. The coach/manager or suitable substitute shall also be present at all games.
- 4.2 Duties of Coaches/ Managers. Each coach/manager shall:
- a. Abide by all current FIFA, USYSA, NTSSA and LHSA rules, by-laws, regulations, and resolutions of the LHSA Board of Directors.

- b. Assure that all team members, parents, and others associated with the team abide by the same rules described in part (a).
- c. Keep valid, notarized, current Medical Releases for all members of the team at every game and practice session.
- d. Ensure that the proper equipment needed to play (game ball, nets, corner flags, jerseys) each assigned game is present and/ or properly installed.
- e. Ensure that all players' equipment complies with FIFA Law IV.
- f. Notify all assigned players as to the date, time, and place of LHSA Co-ed League assigned games.
- g. Assure that a responsible adult affiliated with the team is present at each assigned game and has Medical releases for all team members present.
- h. Ensure that the NTSSA Code of Ethics for Coaches is observed and followed.

4.3 Violations.

- a. Any coach, manager or assistant coach, as applicable, that fails to comply with the duties listed herein shall be subject to a one game suspension for each infraction, as determined by the Co-ed League Commissioner.
- b. Subsequent or repeated violations shall be cause for referral of the coach in violation to the LHSA Appeals and Disciplinary Committee.

5. MATTERS REGARDING PLAY

5.1 The Laws of the Game. The Laws governing LHSA Teen Co-ed Soccer shall be identical with the current issue of the FIFA Laws of the Game with the following exceptions:

LAW I: THE FIELD: The field of play shall rectangular and shall be not less than 90 yds x 50 yds and not more than 110 yds x 65 yds in size. The size of the fields, penalty areas and goals shall be set by the applicable parks department or by LHSA.

All players, coaches, managers and spectators shall remain within an area 10 yards on either side of the halfway line from the start of the game until the referee has ended the game, except for substitution of players during stoppage of play.

LAW II: THE BALL: A size #5 game ball for U-14's and older as provided by the home team and approved by the referee shall be used for each game. U-12's shall use a size #4 ball.

LAW III: NUMBER OF PLAYERS: The maximum number of players for each team on the field is 8, with no more than 4 boys on the field at any time. The team roster maximum is 16, unless otherwise authorized by the Co-ed Commissioner.

LAW IV: PLAYER'S EQUIPMENT: A player shall not wear anything which causes danger to himself or another player, such as jewelry, medallion, chain, belt buckle, earrings, hair restraining accessories made of other than fabric, elastic or other devices.

All medical devices such as splints or casts shall be padded and may be used only when approved by the referee. Players using a cast or medical device in a dangerous or advantageous manner shall be sent off the field. LHSA encourages players needing eyeglasses to wear approved sports glasses.

All players shall be required to wear shin guards underneath socks.

LAW V: REFEREES: If the official referee does not appear within fifteen minutes after the scheduled game time, a person mutually agreed upon by both coaches may referee the game.

LAW VI: ASSISTANT REFEREES: Assistant referees are desired but optional. If assistant referees are not available, each team may supply an individual to act as an assistant referee. These team appointed assistants shall only assist the referee in determining whether the ball is out of play and enforcing Technical area.

LAW VII: DURATION OF THE GAME: The duration of each Teen Co-ed game shall be two 25- minute halves with a 10- minute halftime interval or other game system that is approved by the Co-ed League Commissioner. No overtime will be allowed — games may end in a tie.

LAWS VIII- IX: THE START OF PLAY- BALL IN AND OUT OF PLAY: No exceptions.

LAW X: METHOD OF SCORING: Boys on a team may not score consecutive goals. A goal scored by a girl or boy counts as one point.

A boy may only score a goal after receiving a pass or throw- in from a girl in the offensive half of the field or after getting the ball directly from an opponent player in the offensive half of the field.

LAW XI: OFFSIDE: No exceptions

LAW XII: FOULS AND MISCONDUCT: Aggressive play will be strongly discouraged and enforced by the referee.

LAW XIII: FREE KICK: Any free kick taken from within the opponent's penalty area shall be taken only by a girl.

LAW XIV: PENALTY KICKS: Penalty kicks may be taken only by a girl.

LAW XV: THROW IN: No exceptions

LAW XVI: GOAL KICKS: No exceptions.

LAW XVII: CORNER KICK: A boy may only score on a corner kick after the ball has first been touched by an attacking girl player.

5.2 Additional LHSA Teen Co- Ed Playing Rules. The following rules will apply to all Teen Co-ed games:

- a. Fun and sportsmanship should be the priority for each player, coach and spectator.
- b. Players should shake hands or slap hands after each game.
- c. Non-playing participants, parents, coaches, and spectators should be located within the Technical area (10 yds. either side of the half way line) during the duration of the game.
- d. League standings shall be maintained.
- e. A fully completed (this includes player names, playing times for all players, score, sportsmanship, and referee sections) and signed (by coach and referee) Game Report (see Appendix E of LHSA Rules and Regulations for sample form) must be turned in to the Co-ed League Commissioner or LHSA Office by fax (214-221-0804) or mailed within 2 days after the game, following the procedure described in LHSA Rules and Regulations, Section 7.15.

- 5.3 Postponements, Foul Weather Procedures and Delays.
- a. Advance Determination. The Co-ed League Commissioner or Association Vice President may postpone games in advance of play due to field conditions or bad weather. The LHS A Hotline is the primary authority as to cancellations/delays, except as specified in Section 3.b. below.
 - b. Game Determination. The referee has final authority to postpone or suspend a game because of field conditions, weather, or other conditions. His decision will be based on the condition of the playing field, weather conditions with consideration given to safety of the players, condition of the turf and other relevant factors.
 - c. Special Determination. A LHS A Officer may postpone or suspend play of a Teen Co-ed game if in such Official's opinion the current conditions constitute a danger to the players or other participants and the game has not already been suspended or cancelled by a referee.
 - d. Effect. If the game is suspended before the beginning of the second half, the game shall be rescheduled and replayed. If the game is suspended after the beginning of the second half it shall be considered a complete game at the time play is suspended.
 - e. Forfeitures. Teams must report to the assigned field of play at the appropriate time and be ready to play with the minimum number of players (the minimum number to start is 6 players) required within 15 minutes of the assigned game starting time. Teams failing to do so shall forfeit the game, unless the game has been cancelled or both coaches have been notified of a cancellation by the Association Vice President or Co-ed League Commissioner.
 - f. Cancellations and Postponements. Coaches cannot cancel, postpone or reschedule a scheduled game without the prior approval of the Co-ed League Commissioner. Cancellations or postponements, other than for foul weather, may be granted by the Co-ed League Commissioner or Association Vice President in extremely rare circumstances, if notified prior to 72 hours from kick-off time.
 - g. Inclement Weather. In case of inclement weather, please call the LHS A Field Conditions Hotline (214-265-0050) for field status. This information shall not be available until 6:30 AM on the date of the scheduled game on a weekend or 3:00 PM on a weeknight game starting at or after 6:00. Coaches or managers should consult with the Field Conditions Hotline up to game time if the weather or field conditions leave doubt as to whether a game will be played or not. The Field Conditions Hotline notification shall carry the authority of the Association Vice President.
- 5.4 Substitutions. Coaches may substitute players into or out of a game with the referee's permission under the following conditions:
- a. at a throw in, by the team in possession.
 - b. prior to a goal kick by either team.
 - c. after a goal has been scored, prior to the next kick-off by either team.
 - d. when a player is injured and cannot continue to play, after the referee stops play.
 - e. when a caution (yellow card) is given, the cautioned player may be substituted.

Coaches shall obtain the referee's permission prior to the proposed substitution. The referee shall be specifically informed if the coach seeks to substitute the goalkeeper. Players shall enter the field only during stoppage of play and only from the halfway line. Players shall not enter the field until given permission by the referee.

- 5.5 Playing Time. All players present at a game must play at least half of each half of the game, except when a player is injured or becomes ill or leaves before the conclusion of the game. Playing time may be reduced for disciplinary, attitude or misconduct reasons.
- 5.6 Sportsmanship. All players, coaches and managers are required to observe only the highest level of sportsmanship during Teen Co-ed play. The intent of these games is to have fun and enjoy playing soccer.

APPENDIX F

PARENT/SPECTATOR CODE OF CONDUCT

The Parent/Spectator Code of Conduct follows this cover page.

LAKE HIGHLANDS SOCCER ASSOCIATION

PARENT/SPECTATOR CODE OF CONDUCT

1. I will not force my child to participate in sports and understand that not every sport is for every child.
2. I will remember that children participate to have fun and that the game is for the players and I will act accordingly.
3. I will, and I will encourage my child, to learn and abide by the Laws of the Game and applicable league rules and to resolve conflicts without resorting to hostility, violence or other behaviors that could endanger the health or well being of other players or persons.
4. I (and my guests) will be a positive role model for my child and encourage sportsmanship by demonstrating respect and positive support for all players, coaches, officials and spectators at games and practices.
5. I (and my guests) will not engage in unsportsmanlike conduct with any official, coach, player, or parent, such as using profane or derogatory language, gestures or actions or refusing typical pre- or post-game courtesies with opposing teams or coaches.
6. I will not undertake, and will not encourage, any behavior from parents or children at games or practices that would endanger the health and well-being of the players.
7. I will, and I will demand that my child, treat all players, coaches, officials and spectators with respect regardless of race, creed, color, gender or abilities.
8. I will teach my child that doing one's best is more important than winning and I will act accordingly.
9. I will never ridicule, berate or demean any player for making a mistake or for losing a competition.
10. I will respect the officials and their authority before, during and after games and will address grievances only in the manner provided by the applicable league playing rules and procedures. If I have a disagreement with a referee decision, I will defer to the officially rostered coach to deal with those and not take matters into my own hands by singling out the referees, charging the field, or other confrontational conduct or words.
11. I will demand a sports environment for my child that is free from drugs, tobacco and alcohol and I will refrain from their use at all sports events.
12. I will respect the officially rostered coaches of the team to provide all coaching instructions during games and practices. As an officially rostered coach of a team, I will coach only in a positive manner and without constant instructions from the sidelines.
13. I will be aware at practices and games of persons who are not parents (or their guests) and will try to be attentive to small children and will report suspicious actions or persons to the police.
14. I understand that failure to abide by this Code of Conduct may subject the violator to sanctions and disciplinary actions by LHSA.

APPENDIX G

CONFLICT OF INTEREST STATEMENT

A copy of the adopted Conflict of Interest Statement, pursuant to Rule 1.20 hereof,
follows this cover page.

CONFLICT OF INTEREST STATEMENT

The undersigned hereby represents, warrants, certifies to Lake Highlands Soccer Association ("LHSA") and agrees as follows:

1. The undersigned has read and understands the LHSA Conflict of Interests policy, as set forth in Section 1.19 of the Rules and Regulations of LHSA.

2. The undersigned agrees to comply with the LHSA Conflict of Interest policy.

3. The following is the disclosure and listing of any existing or potential conflicts that the undersigned may have with LHSA and/or its operations; if none, write "None": (use a separate sheet if necessary)

Dated: _____, 20__.

Signature: _____

Printed name: _____

Position: _____