

**RULES FOR 8 v 8 TEEN CO- ED PLAY
LAKE HIGHLANDS SOCCER ASSOCIATION**

C- I REGISTRATION

1. Team Registration. In order to properly register a team the Coach or Manager must submit the following:
 - a. Player registration form fully completed for each player
 - b. Registration Fee for each player
 - c. Coach's/ manager's Contract and Membership Form
 - d. If the players are not otherwise registered in LHSA, a photocopy of such player's Birth Certificate
2. Individual Registration. Individuals may register to be placed on a team by the Co-ed League Commissioner and must submit the following:
 - a. Player registration form fully completed
 - b. Registration Fee
 - c. If the player is not otherwise registered in LHSA, a photocopy of the player's Birth Certificate.
3. Teen Co-ed Soccer Season. The Teen Co-ed Soccer Season shall begin at 12:00 AM on the registration date determined and shall end at 11:59 PM on the day of the last scheduled game or makeup game date.

C-II TEAM FORMATION

1. Playing Age Groups. To be eligible for Teen Co-ed soccer, a player must be eligible to play in U-12, U-14, U-16 or U-19 playing Age Groups, unless otherwise permitted by the Co- Ed League Commissioner.
2. Age Determination. The age of a player by August 1st of the current soccer year will determine the age group Division in which the player will play, regardless of the player's age at the start of the current co-ed soccer season. The soccer year is as defined by NTSSA and USYSA. The minimum age to play co-ed soccer in LHSA is eleven (11) on or before August 1st of the current soccer year; that is, any player whose age qualifies them as a U-12 player.
3. Playing Up. Players are not encouraged to play up in Co-ed Soccer. A player may be assigned to the next higher age group division provided the following conditions are met:
 - a. Play-up request form must be completed by parents and turned in at Registration
 - b. Co-ed League Commissioner must approve play- up request
 - c. Coach of team assigned must approve play- up request
 - d. No player may play more than one division higher than the player's true age bracket
4. Eligibility. A player is eligible to play in the LHSA Teen Co-ed League if the following conditions are met:

- a. A player may only participate in any LHS A Teen Co-ed game if a Registration Form and Registration Fee were turned into and received by the Co-ed League Commissioner prior to the game.
- b. A player may only play for one LHS A Co-ed team per season.
- c. A player may play for a Co-ed team while rostered on another team registered in any NTSSA member association as either a competitive or recreational player.
- d. A player must meet the age group eligibility requirements.
- e. A player must not be serving a disciplinary suspension from any NTSSA member Association. Any player that has been suspended shall be ineligible for the remainder of the soccer year in which the suspension is in effect.

C- III ROSTERS AND ASSIGNMENTS

1. Teams. A team may register as a group for play in the Teen Co-ed League in LHS A and be rostered together, or teams will be formed by the LHS A Co-ed League Commissioner from individuals that register and enter the player pool with the intent that:
 - a. Each team will be formed with an equal number of boys and girls on the roster or the number of girls exceeding the number of boys if an unequal number of players causes this to be necessary.
 - b. Teams will be formed with players with the same school affiliation or fulfilling requests to play together whenever possible.
 - c. Returning teams may remain intact if they meet or exceed the minimum roster size allowed or have players added to reach the maximum roster size or size determined by the Co-ed League Commissioner.
2. Roster Size. For Teen Co-ed 8 v 8 soccer, a roster shall contain a minimum of 4 and a maximum of 8 girls and boys shall not exceed 50% of the maximum roster size, unless otherwise permitted by the Co-ed League Commissioner. Players may be simultaneously rostered on either competitive or recreational teams.
3. Changes to Roster. Rosters may be changed by addition or deletion of players with permission of the Co-ed League Commissioner.

C- IV COACHES AND MANAGERS

1. Adult. Every team playing in the Teen Co-ed League shall have an adult coach or manager. This person shall be designated as the official representative of the team and shall receive and deliver all communications to or from the Co-ed League Commissioner. The coach/manager or suitable substitute shall also be present at all games.
2. Duties of Coaches/ Managers. Each coach/manager shall:
 - a. Abide by all current FIFA, USYSA, NTSSA and LHS A rules, by-laws, regulations, and resolutions of the LHS A Board of Directors.
 - b. Assure that all team members, parents, and others associated with the team abide by the same rules described in part (a).

- c. Keep valid, notarized, current Medical Releases for all members of the team at every game and practice session.
 - d. Ensure that the proper equipment needed to play (game ball, nets, corner flags, jerseys) each assigned game is present and/ or properly installed.
 - e. Ensure that all players' equipment complies with FIFA Law IV.
 - f. Notify all assigned players as to the date, time, and place of LHS A Co-ed League assigned games.
 - g. Assure that a responsible adult affiliated with the team is present at each assigned game and has Medical releases for all team members present.
 - h. Ensure that the NTSSA Code of Ethics for Coaches is observed and followed.
3. Violations.
- a. Any coach, manager or assistant coach, as applicable, that fails to comply with the duties listed herein shall be subject to a one game suspension for each infraction, as determined by the Co-ed League Commissioner.
 - b. Subsequent or repeated violations shall be cause for referral of the coach in violation to the LHS A Appeals and Disciplinary Committee.

C- V MATTERS REGARDING PLAY

1. The Laws of the Game. The Laws governing LHS A Teen Co-ed Soccer shall be identical with the current issue of the FIFA Laws of the Game with the following exceptions:

LAW I: THE FIELD: The field of play shall rectangular and shall be not less than 90 yds x 50 yds and not more than 110 yds x 65 yds in size. The size of the fields, penalty areas and goals shall be set by the applicable parks department or by LHS A.

All players, coaches, managers and spectators shall remain within an area 10 yards on either side of the halfway line from the start of the game until the referee has ended the game, except for substitution of players during stoppage of play.

LAW II: THE BALL: A size #5 game ball for U-14's and older as provided by the home team and approved by the referee shall be used for each game. U-12's shall use a size #4 ball.

LAW III: NUMBER OF PLAYERS: The maximum number of players for each team on the field is 8, with no more than 4 boys on the field at any time. The team roster maximum is 16, unless otherwise authorized by the Co-ed Commissioner.

LAW IV: PLAYER'S EQUIPMENT: A player shall not wear anything which causes danger to himself or another player, such as jewelry, medallion, chain, belt buckle, earrings, hair restraining accessories made of other than fabric, elastic or other devices.

All medical devices such as splints or casts shall be padded and may be used only when approved by the referee. Players using a cast or medical device in a dangerous or advantageous manner shall be sent off the field. LHS A encourages players needing eyeglasses to wear approved sports glasses.

All players shall be required to wear shin guards underneath socks.

LAW V: REFEREES: If the official referee does not appear within fifteen minutes after the scheduled game time, a person mutually agreed upon by both coaches may referee the game.

LAW VI: ASSISTANT REFEREES: Assistant referees are desired but optional. If assistant referees are not available, each team may supply an individual to act as an assistant referee. These team appointed assistants shall only assist the referee in determining whether the ball is out of play and enforcing Technical area.

LAW VII: DURATION OF THE GAME: The duration of each Teen Co-ed game shall be two 25- minute halves with a 10- minute halftime interval or other game system that is approved by the Co-ed League Commissioner. No overtime will be allowed — games may end in a tie.

LAW VIII- IX: THE START OF PLAY- BALL IN AND OUT OF PLAY: No exceptions.

LAW X: METHOD OF SCORING: Boys on a team may not score consecutive goals. A goal scored by a girl or boy counts as one point.

A boy may only score a goal after receiving a pass or throw- in from a girl in the offensive half of the field or after getting the ball directly from an opponent player in the offensive half of the field.

LAW XI: OFFSIDE: No exceptions

LAW XII: FOULS AND MISCONDUCT: Aggressive play will be strongly discouraged and enforced by the referee.

LAW XIII: FREE KICK: Any free kick taken from within the opponent's penalty area shall be taken only by a girl.

LAW XIV: PENALTY KICKS: Penalty kicks may be taken only by a girl.

LAW XV: THROW IN: No exceptions

LAW XVI: GOAL KICKS: No exceptions.

LAW XVII: CORNER KICK: A boy may only score on a corner kick after the ball has first been touched by an attacking girl player.

2. Additional LHS A Teen Co- Ed Playing Rules. The following rules will apply to all Teen Co-ed games:
 - a. Fun and sportsmanship should be the priority for each player, coach and spectator.
 - b. Players should shake hands or slap hands after each game.
 - c. Non-playing participants, parents, coaches, and spectators should be located within the Technical area (10 yds. either side of the half way line) during the duration of the game.
 - d. League standings shall be maintained.
 - e. A fully completed (this includes player names, playing times for all players, score, sportsmanship, and referee sections) and signed (by coach and referee) Game Report (see Appendix E of LHS A Rules and Regulations for sample form) must be turned in to the Co-ed League Commissioner or LHS A Office by fax (214-221-0804) or mailed within 2

days after the game, following the procedure described in LHSA Rules and Regulations, Section 7.15.

3. Postponements, Foul Weather Procedures and Delays.
 - a. Advance Determination. The Co-ed League Commissioner or Association Vice President may postpone games in advance of play due to field conditions or bad weather. The LHSA Hotline is the primary authority as to cancellations/delays, except as specified in Section 3.b. below.
 - b. Game Determination. The referee has final authority to postpone or suspend a game because of field conditions, weather, or other conditions. His decision will be based on the condition of the playing field, weather conditions with consideration given to safety of the players, condition of the turf and other relevant factors.
 - c. Special Determination. An LHSA Officer may postpone or suspend play of a Teen Co-ed game if in such Official's opinion the current conditions constitute a danger to the players or other participants and the game has not already been suspended or cancelled by a referee.
 - d. Effect. If the game is suspended before the beginning of the second half, the game shall be rescheduled and replayed. If the game is suspended after the beginning of the second half it shall be considered a complete game at the time play is suspended.
 - e. Forfeitures. Teams must report to the assigned field of play at the appropriate time and be ready to play with the minimum number of players (the minimum number to start is 6 players) required within 15 minutes of the assigned game starting time. Teams failing to do so shall forfeit the game, unless the game has been cancelled or both coaches have been notified of a cancellation by the Association Vice President or Co-ed League Commissioner.
 - f. Cancellations and Postponements. Coaches cannot cancel, postpone or reschedule a scheduled game without the prior approval of the Co-ed League Commissioner. Cancellations or postponements, other than for foul weather, may be granted by the Co-ed League Commissioner or Association Vice President in extremely rare circumstances, if notified prior to 72 hours from kick-off time.
 - g. Inclement Weather. In case of inclement weather, please call the LHSA Field Conditions Hotline (214-265-0050) for field status. This information shall not be available until 6:30 AM on the date of the scheduled game on a weekend or 3:00 PM on a weeknight game starting at or after 6:00. Coaches or managers should consult with the Field Conditions Hotline up to game time if the weather or field conditions leave doubt as to whether a game will be played or not. The Field Conditions Hotline notification shall carry the authority of the Association Vice President.
4. Substitutions. Coaches may substitute players into or out of a game with the referee's permission under the following conditions:
 - a. at a throw in, by the team in possession.

- b. prior to a goal kick by either team.
- c. after a goal has been scored, prior to the next kick- off by either team.
- d. when a player is injured and cannot continue to play, after the referee stops play
- e. when a caution (yellow card) is given, the cautioned player may be substituted.

Coaches shall obtain the referee's permission prior to the proposed substitution. The referee shall be specifically informed if the coach seeks to substitute the goalkeeper. Players shall enter the field only during stoppage of play and only from the halfway line. Players shall not enter the field until given permission by the referee.

- 5. Playing Time. All players present at a game must play at least half of each half of the game, except when a player is injured or becomes ill or leaves before the conclusion of the game. Playing time may be reduced for disciplinary, attitude or misconduct reasons.
- 6. Sportsmanship. All players, coaches and managers are requires to observe only the highest level of sportsmanship during Teen Co-ed play. The intent of these games is to have fun and enjoy playing soccer.

Revised: 3-29-05

End of Co-ed League Rules